community concierge | **RELOCATION GUIDE** 

CommunityECT.com

## **Bastern Connecticut**

### **THE INSIDER'S GUIDE**

to communities, housing, parks, schools, leisure, dining, and more.

> CHAMBER OF COMMERCE EASTERN CONNECTICUT



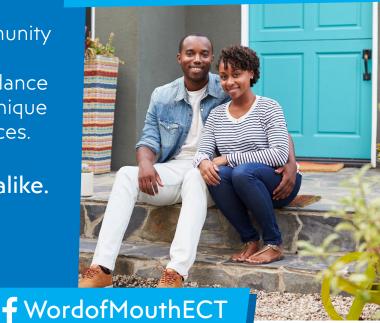
## Your local connection.



LOCAL EXPERTS EXCLUSIVE EVENTS RELOCATION GUIDE BUSINESS DIRECTORY

Moving to a new area is never easy. Community Concierge eases the stress of moving by connecting new arrivals with personal guidance from qualified locals, exclusive events at unique venues, and comprehensive online resources.

For newcomers and longtime locals alike. Sign up today (*it's free*)!



**CommunityECT.com** 



CHAMBER OF COMMERCE EASTERN CONNECTICUT



### EASTERN CONNECTICUT RELOCATION GUIDE

2018-2019

ON THE COVER



Mohegan Park by Kindra Clineff

The Eastern Connecticut Relocation Guide is a publication of Community Concierge, a program of the Chamber of Commerce of Eastern CT.

For a full list of regional partners, visit CommunityECT.com. For information on listings in this guide or advertising, contact the Chamber of Commerce of Eastern CT.





Community Concierge is a project of Thames River Innovation Place, supported by CT Next.

CommunityECT.com | ChamberECT.com (860) 701-9113 | Info@ChamberEct.com

The information in this guide has been carefully compiled to ensure accuracy at the time of publication. Information is subject to change without notice. Readers should verify information directly with local businesses. Please notify the Chamber of any changes to the information presented here so it can be corrected in subsequent issues.

## Welcome

On behalf of the Chamber of Commerce of Eastern Connecticut, I would like to welcome you to our region.

Eastern Connecticut is an outstanding place to live, work, and grow a business. The array of restaurants, shops, entertainment options, and attractions – coupled with the region's scenic beauty, fascinating history, and New England charm – make this part of the state one of the best places to settle.

If you're looking for family fun, places to go, or things to do, visit the Chamber of Commerce of Eastern CT's website ChamberECT.com. There, you'll find plenty to discover as you become acclimated to life in eastern CT, including information about the region, its activities, and the people and businesses who populate it.

You'll also find community and military discounts on our website from Chamber member businesses, as well as news and community updates, job openings, business and residential resources, and information for entrepreneurs.

Another good resource is CORE, our Calendar of Regional Events, viewable at CORE-ECT.com. CORE is a community event calendar that is shared between many eastern Connecticut organizations in an effort to streamline finding or hosting events near you. Using it is free and easy.

Lastly, if you're looking for guidance, I encourage you to connect with the Chamber's Community Concierge program. Community Concierge connects newcomers to the region. If you participate in the program, you can be paired with an established mentor who will serve as a friendly face and make time to personally engage you in eastern Connecticut activities. Community Concierge also provides resources for spouses and loved ones to find employment. This program is free and open to the public. Get started by visiting CommunityECT.com. We are grateful to CTNext for their support of the Community Concierge program.

From the Chamber of Commerce of Eastern CT, our staff, our membership, and the entire eastern CT region, welcome to your new home. We are glad to have you with us. Don't hesitate to contact the Chamber at Info@ChamberECT.com or (860) 701-9113 if there is anything we can do to help you become settled and satisfied in our great region.

Sincerely,

Tomy Sherida

Tony Sheridan President and CEO Chamber of Commerce of Eastern CT

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Throughout this guide, members of the Chamber of Commerce of Eastern Connecticut are bolded in yellow. Chamber members are local and trusted businesses.

> OUTDOOR EXCURSIONS Page 10

## **Eastern Connecticut** AT A GLANCE

Eastern Connecticut consists of two counties, Windham in the north and New London in the south. The region is bordered by Rhode Island in the east, Massachusetts in the north, and Long Island Sound in the south.

### STATE SYMBOLS

Bird: American Robin Animal: Sperm Whale Flower: Mountain Laurel Song: Yankee Doodle

State Capital: Hartford

## STATE MOTTO

"Qui Transtulit Sustinet" He Who Transplanted Still Sustains



Connecticut State Flag

### MADE IN CONNECTICUT

BIC Lighters General Dynamics Electric Boat Submarines PEZ Pratt & Whitney Jet Engines Sikorsky Helicopters Stanley Black & Decker Tape Measures Wiffle Balls And many more!



## SEVERAL NICKNAMES

Official: "The Constitution State" "The Nutmeg State" or "Nutmeggers"

While the true origin of "The Nutmeg State" or "Nutmeggers" is unknown, one theory is that it comes from Yankee peddlers selling wooden nutmegs in colonial times to unsuspecting southerners. However, some believe these nutmegs were the real deal, but southerners were unfamiliar with the correct way to consume them.

## **BY THE NUMBERS**

Nearly **400,000** 

people live in eastern Connecticut **1, 178** Square Miles of coast and country **3rd Smallest State** 

But don't let that fool you, we're the 4th most densely populated state.



## Get Exploring

#### IN THIS SECTION

On The Water Outdoor Excursions Local Attractions Orchards & Farms Annual Events Wineries & Breweries Restaurants Nightlife Galleries & Performing Arts Museums & Historic Sites

#### Welcome to your eastern Connecticut home.

Eastern Connecticut is a jewel of New England, enjoying plentiful water access, beautiful beaches, quaint towns, bustling cities, unforgettable nightlife, fascinating history, and friendly people.

For lovers of the outdoors, it hardly gets better than eastern Connecticut. Many of the region's towns have public and private beaches that encourage visitors to soak up the sun and enjoy water activities throughout the year. Many beaches welcome dogs either year-round or in the off-season. See page 11 for more details. Our local and state parks offer a blend of sightseeing, history, and leisure. Many are located on



eastern Connecticut waterways and beaches, while others are built in and around historic properties. Most offer a combination of walking and hiking trails, picnic spots, and rest facilities.

History buffs will find no shortage of activities here. This region's roots stretch back to pre-history, and it was a focal point in the Revolutionary War. The communities of New London and Groton still bear witness to the devastation caused in 1781 when turncoat Benedict Arnold ordered British loyalist troops to burn down New London and attack Fort Griswold in Groton, earning the last British victory of the Revolutionary War.

Eastern Connecticut rose from the ashes, and by the Civil War, was a hub of commercial and scientific

development. Naval Submarine Base New London was established in 1916, becoming a center of U.S. defense activity on the east coast. Many wealthy industrialists and people of influence vacationed in eastern Connecticut, enjoying its mild climate and close access to both Boston and New York. Their influence remains today in the form of a large number of properties, museums, and parks that residents and guests enjoy exploring.

Eastern Connecticut is a thriving region. Visit a park near you, savor world-class restaurants and entertainment, and participate in any number of activities that suit your interests and budget. This area truly has it all!



## ON THE WATER

Connecticut beaches are sheltered from surf by the eastern end of Long Island, making them safe for all ages. If bigger waves and a stronger surf are more your style, take a quick trip to the Rhode Island shore. Interested in fishing? Fishing is allowed in many parks throughout the region. Check out the Outdoor Excursions table on the next page for more information.



#### **OCEAN BEACH PARK**

Ocean Beach Park in New London is an eastern CT treasure. This premier recreational facility provides excellent public access to Long Island Sound from a beautiful white sugar sand beach, complemented by an Olympic-size freshwater pool, lockers, and event staging. The 50-acre park also boasts a beautifully landscaped 18-hole miniature golf course and other attractions. The 8,000 square foot Port 'N Starboard facility is one of the area's largest banquet and conference locations in the region.

Ocean Beach Park first opened in 1940 and has been an icon of eastern CT summers ever since. Visit the park today and soak in the sun, sand, and sound! *Hours vary by season. Visit oceanbeach-park.com for more information.* 



#### **CT BEACHES**

**Bluff Point State Park** Groton, CT

**duBois Beach** Stonington, CT

Eastern Point Beach Groton, CT

**Esker Point Beach** Groton, CT

Hammonasset State Park Madison, CT

Harkness Memorial State Park Waterford, CT

McCook Beach & Park Niantic, CT

Ocean Beach Park New London, CT

**Pleasure Beach** Waterford, CT

Rocky Neck State Park East Lyme, CT

Waterford Beach Waterford, CT

Williams Beach Park Mystic, CT

#### **NEARBY RHODE ISLAND BEACHES**

Misquamicut Westerly, RI

Napatree Point Westerly, RI

#### **FISHING & SIGHTSEEING**

Argia Mystic Cruises argiamystic.com Mystic, CT

Black Hawk II Party Fishing Boat

blackhawksportfishing.com East Lyme, CT

**Hel-Cat** helcat.com Groton, CT

Mijoy 747 mijoyboat.com Waterford, CT

Mystic Boat Adventures

mysticboatadventures.com Groton, CT

**Sunbeam Fleet** sunbeamfleet.com Waterford, CT

Wild Bill's Action Sports wildbillsactionsports.com Noank, CT

For information on getting a fishing license, where to fish, and a complete list of private and commercial fishing vessels, visit **ct.gov/deep**.

## **OUTDOOR EXCURSIONS**

#### **PARKS & HIKING**

Airline State Park Trail	Route 6 Willimantic, CT	🟂 🛷 🏂 🕖
Albert E. Moss Forest	Junction of Routes 195 & 275 Mansfield, CT	🟂 🖢 <del>75</del>
Barn Island State Wildlife Management Area	Palmer Neck Road Stonington, CT	📩 😎 😹 📥
Bluff Point Coastal Reserve	Depot Road, off US Route 1 Groton, CT	<u>Å</u> 📥 🚈
Connecticut College Arboretum	270 Mohegan Avenue New London, CT	<u>^</u>
Denison Pequotsepos Nature Center/Coogan Farm Nature & Heritage Center	162 Greenmanville Avenue Mystic, CT	<u>Å</u> 😎
Devil's Hopyard State Park	366 Hopyard Road East Haddam, CT	🟂 🛷 😎 开 À 🖛
Fort Griswold State Park	57 Fort Street Groton, CT	<u>Å</u>
Fort Trumbull State Park	90 Walbach Street New London, CT	∱ ₩
Fort Shantok State Park	Route 32 Montville, CT	<u>Å</u>
Gillette Castle State Park	67 River Road East Haddam, CT	<u>Å</u> <del>77</del> 🗼
Haley Farm State Park	24 Haley Farm Lane Groton, CT	<u>ja</u> 40
Harkness Memorial State Park	275 Great Neck Road / State Route 213 Waterford, CT	* 🖛 🏯
Hartman Park	Gungy Road Old Lyme, CT	<u>^</u>
Lantern Hill	215 Wintechog Hill Road North Stonington, CT	<u>\$</u>
Ledyard Glacial Park and Avery Preserve	Avery Hill Road, Whalehead Road Ledyard, CT	<u>5</u> 00
Mansfield Hollow State Park	Bassetts Bridge Road Mansfield, CT	🏂 🏂 🛄 🖢 🕸 <del>77</del>
Mohegan Park	Judd Road Norwich, CT	* 🖛 🛧 🗻
Pachaug State Forest Chapman Area	Route 49 Voluntown, CT	🛕 🏂 U <u>ଲ</u> 人 🖢 📈 🕸 开 🗱
Pachaug State Forest Greens Falls	Green Fall Pond Road Voluntown, CT	🏂 💭 🣥 🖛 📈 🕸
Rocky Neck State Park	244 West Main Street, Route 156	📩 📥 😓 <del>77</del> 🎿



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Information courtesy of ct.gov. For more information visit ct.gov/deep

#### Take your best friend with you!

Many parks and beaches will allow dogs off season, but not during summer months. **Be** sure to check park signs and your town website (page 23) for more information.

#### **DOG PARKS**

Colchester Dog Park	99 Old Amston Road Colchester, CT
Estelle Cohn Memorial Dog Park	261 Asylum Street Norwich, CT
Stenger Farm Park	128 Clark Lane Waterford, CT
Central Bark (Inside Copp Park)	821 Gold Star Highway Groton, CT
Pawsitive Park	261 Asylum Street Norwich, CT
Mystic River Park	28 Cottrell Street Mystic, CT
Bark Park	99 Old Hebron Road Colchester, CT



## A SHORT RIDE AWAY

One of the best parts of living in eastern CT is easy access to thriving cities as well as beautiful nature. World-class cities including New York and Boston are easily accessible via a short car or train trip of approximately two hours. Other nearby cities include New Haven, home of the prestigious Yale University; Hartford, state capital of Connecticut and host for a number of sporting and cultural events; and Providence, Rhode Island, with a flourishing nightlife.

Outdoor lovers will find no shortage of activities within driving distance of eastern CT. Long Island Sound offers nearly unlimited waterborne activities. The hills, forests, lakes, and rivers surrounding eastern CT are yours to explore in all seasons of the year.

With simple highway access, convenient passenger rail options, and frequent service by regional and domestic bus carriers, it's easy and affordable to take a day trip to eastern CT's surroundings.

#### DAY/WEEKEND TRIPS

**Connecticut** Hartford New Haven

**Massachusetts** Berkshires Boston Cape Cod

**New York** New York City Long Island

**Rhode Island** Block Island Newport Providence

#### **SKIING & SNOWBOARDING**

**Powder Ridge Mountain** powderridgepark.com Middlefield, CT

**Ski Sundown** skisundown.com New Hartford, CT

**Mohawk Mountain** mohawkmtn.com Cornwall, CT

**Woodbury Ski Area** woodburyskiarea.com Woodbury, CT

**Mount Southington** mountsouthington.com Plantsville, CT

For bigger and more challenging mountains, look to Massachusetts, New Hampshire, and Vermont. Only a few hours away, they make the perfect winter weekend getaway.

## ATTRACTIONS

Cross Sound Ferry Lighthouse Cruises longislandferry.com	2 Ferry Street New London, CT	Get a new perspective on the history of southern New England and Long Island when you do your sightseeing from the water.
Denison Pequotsepos Nature Center dpnc.org	109 Pequotsepos Road Mystic, CT	DPNC provides visitors the opportunity to experience nature first-hand.
The Dinosaur Place at Nature's Art Village naturesartvillage.com	1650 Hartford-New London Turnpike Oakdale, CT	Nature's Art Village, Connecticut's fastest growing family destination, has an attraction for everyone.
Essex Steam Train & Riverboat essexsteamtrain.com	1 Railroad Ave Essex, CT	Enjoy a 12 mile round trip into the heart of the unspoiled Connecticut River Valley.
Fields of Fire Adventure Park fieldsoffiremystic.com	715 Noank Ledyard Road Mystic, CT	Set on 50 acres of Connecticut woodlands, the zip line adventure park will challenge your mind, body and spirit.
Foxwoods Resort Casino foxwoods.com	350 Trolley Line Boulevard Mashantucket, CT	Seven casinos, AAA four-Diamond hotels, restaurants, spas, golf, theaters, and retail shopping.
Mansfield Drive-In Theatre mansfielddrivein.com	228 Stafford Road Mansfield Center, CT	Classic drive-in with outdoor cinema, a snack bar, and a public flea market on weekends.
Mohegan Sun mohegansun.com	1 Mohegan Sun Boulevard Uncasville, CT	Fine dining, hotel accommodations, retail shopping, live entertainment, sporting events, 3 casinos, 2 spas, and Kids Cyber Quest family entertainment.
Mystic Aquarium mysticaquarium.org	55 Coogan Boulevard Mystic, CT	Beluga whales, African penguins, and sea lions, are top draws to this interactive aquarium and animal rescue organization.
Mystified Escape Room Adventures mystifiedct.com	14 Clara Drive Mystic, CT	Follow clues and puzzles, energize and entertain the mind. You have 60 minutes to work with your team and escape.
Supercharged superchargedracing.com	1 Sachatello Industrial Drive Montville, CT	The 110,000 square foot facility houses two multi- level race tracks and a trampoline park.
Olde Mistick Village oldemistickvillage.com	27 Coogan Boulevard Mystic, CT	Stroll the beautiful lanes and enjoy shopping in buildings designed to represent 1720 New England.
Six Paca Farm sixpaca.com	44 Bozrah Street Bozrah, CT	Working and breeding alpaca farm with over 50 alpacas. Demonstrations and gift shop on site.
Thames River Heritage Park thamesriverheritagepark.com	New London, CT	A collection of almost 20 national and historic sites along two shores of the Thames River linked by a water taxi.
Thompson Speedway Motorsports Park thompsonspeedway.com	205 E Thompson Road Thompson, CT	A motorsports park featuring a <sup>5</sup> / <sub>8</sub> -mile paved oval racetrack and a 1.7-mile road racing course.







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## **PICK-YOUR-OWN ORCHARDS & FARMS**

Pick-Your-Own season at eastern Connecticut farms run from strawberries and blueberries in May and June through apples and pumpkins in mid-fall. Additionally, many Pick-Your-Own farms hold special events including tastings and cooking lessons throughout the year.

When choosing a farm to explore, visit the farm's website in advance or call ahead to confirm that the farm will be open and welcoming visitors. Occasionally, weather conditions and other factors can affect harvest days/hours.

**B.F. Clyde's Cider Mill** bfclydescidermill.com **C**, **BG** Mystic, CT

Bishop's Orchards bishopsorchards.com PYO, BG, FM, C Guilford, CT

Bluberry Intervale facebook.com/blueberryintervale PYO, SF Preston, CT

Buell's Orchard buellsorchard.com PYO, LF, SF, P, V, F Eastford, CT

**Creamery Brook Bison** creamerybrookbison.com **PYO**, **P**, **M**, **E** Brooklyn, CT

**Devon Point Farm** devonpointfarms.com **PYO**, **P** Woodstock, CT

Fort Hill Farms and Gardens forthillfarms.com PYO, SF, P, F Thompson, CT

Grant's Berry Patch facebook.com/grantsberrypatch PYO, SF, P, V Lisbon, CT

High Springs Orchard highspringsorchard.com PYO, LF, SF, P Woodstock, CT

Holmberg Orchards holmbergorchards.com PYO, LF, SF, P, V, F, C Gales Ferry, CT

Lapsley Orchard lapsleyorchard.com PYO, LF, SF, P, F Pomfret, CT

Maple Lane Farms maplelane.com PYO, SF, T Preston, CT



Olsen's Christmas Trees facebook.com/olsenschristmastreefarm PYO, T Voluntown, CT

Preston Farms prestonfarmscornmaze.com PYO, CM Preston, CT

Raspberry Knoll Farm raspberryknoll.com PYO, SF, V, F, P North Windham, CT

Scott's Yankee Farmers, LLC scottsyankeefarmer.net PYO, LF, SF, P, F East Lyme, CT

West Green Farm, LLC westgreenfarm.com PYO, LF Lebanon, CT

Whittles Willow Spring Farm PYO, LF, P Mystic, CT

Woodstock Orchards woodstockorchardsllc.com PYO, LF, V Woodstock, CT

#### KEY

PYO Pick-Your-Own

- SF Small Fruits (berries)
- LF Large Fruits (apples, peaches, etc.)
- V Vegetables
- P Pumpkins
- T Christmas Trees
- F Flowers
- M Meat
- E Eggs
- CM Corn Maze
- BG Baked Goods
- FM Farmer's Market
- C Cider

For more information on pickyour-own farms and CTGrown, visit **ct.gov.** 

## ANNUAL EVENTS

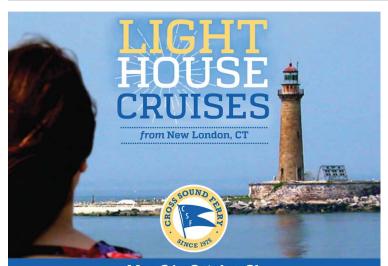
Eastern Connecticut loves a good celebration. Seasonal events take place throughout the region year-round, bringing communities together to celebrate or commemorate special causes.

The region's primary event season takes place during the summer months, typically Memorial Day through Labor Day. During this time, many towns present street festivals, art festivals, food and wine festivals, auto shows, and much more.

Some communities have weekly firework displays, while others go all out for Fourth of July celebrations.

New London is renowned for Sailfest, an annual threeday-long street festival that brings vendors, food trucks, exhibitors, live music, a 5k, and much more to the city's historic downtown district. The weekend is capped off with a large fireworks display over the Thames River, synchronized to music from local radio stations.

Visit CORE, the free online Calendar of Regional Events, to find festivals taking place near you. Get started at **CORE-ECT.com**.



May 24 - October 31 860.444.4620 | wwww.lighthouse.cruises



May 25 - September 30 860.444.4624 | www.goblockisland.com

#### A SAMPLE OF POPULAR EVENTS

MASHANTUCKET June/July - ComiConn December - Legends in Concert

#### **MONTVILLE/UNCASVILLE**

June - Barrett Jackson Northeast June - Mohegan Sun BBQ Fest October - Mohegan Sun Brewfest

#### MYSTIC

February - Cabin Fever Festival March - Mystic Irish Parade June - Sea Music Festival June - Wooden Boat Show June - Taste of Mystic August - Mystic Outdoor Art Festival September - Mystic Eats October - Chowder Days November - Lighted Boat Parade

#### **NEW LONDON**

September - **Maritime Heritage Festival** June - **Connecticut Family Festival** July - **Sailfest** July/August - **Food Truck Festival** 

#### NORWICH

March - **St. Patrick's Day Parade** June - **Rose Arts Festival** September - **Celebrate Cultural Diversity** 

#### **NORTH STONINGTON**

July - North Stonington Agriculture Fair

#### NIANTIC

July - **Celebrate East Lyme** December - **Holiday Light Parade** 

#### **OLD LYME**

May - Community Free Day at Florence Griswold Museum June - Gardenfest

#### **OLD SAYBROOK**

March - Chili Fest July - Arts & Crafts Festival

#### PUTNAM

February - **Fire and Ice Festival** May - **First Fridays** November - **Holiday Dazzle Light Parade** 

#### WILLIMANTIC

April - Thread City Hop Fest May - Third Thursdays Street Fest

#### WOODSTOCK

August - Woodstock Fair September - Roseland Cottage Fine Arts & Crafts Festival

REGIONAL (Northern Towns) October - Walktober

## WINERIES

**Bishop's Orchards Winery** bishopsorchards.com Guilford, CT

**Chamard Vineyards** chamard.com Clinton, CT

Holmberg Orchards & Winery holmbergwinery.com Gales Ferry, CT

Jonathan Edwards Winery jedwardswinery.com North Stonington, CT

Maugle Sierra Vineyards mauglesierravineyards.com Ledyard, CT

**Preston Ridge Vineyard** prestonridgevineyard.com Preston, CT **Priam Vineyards** priamvineyards.com Colchester, CT

Saltwater Farm Vineyard saltwaterfarmvineyard.com Stonington, CT

**Sharpe Hill Vineyard** sharpehill.com Pomfret, CT

Stonington Vineyards stoningtonvineyards.com Stonington, CT

**Taylor Brooke Winery** taylorbrookewinery.com Woodstock, CT



Jonathan Edwards Winery

Connecticut was one of only two states that did not ratify the 18th Amendment, better known as the start of Prohibition. With only two states voting against the amendment, the sale and consumption of alcohol remained illegal in the state untill the end of Prohibition in 1933.

### BREWERIES

**Barley Head Brewery** barleyheadbrewery.com Mystic, CT

**Beer'd Brewing Company** beerdbrewing.com Stonington, CT

**Cottrell Brewing Company** cottrellbrewing.com Pawcatuck, CT

**Epicure Brewing** epicurebrewing.com Norwich, CT

**Fox Farm Brewery** foxfarmbeer.com Salem, CT

**GreySail Brewing** greysailbrewing.com Westerly, RI

**Outer Light Brewing** outerlightbrewing.com Groton, CT

**Stony Creek Brewery** stonycreekbeer.com Branford, CT **Stony Creek Brewery at Foxwoods** foxwoods.com/stony-creek Mashantucket, CT

**These Guys Brewing** theseguysbrewing.com Norwich, CT

**Thimble Island Brewing Company** thimbleislandbrewery.com Branford, CT

**Two Roads Brewing Company** tworoadsbrewing.com Stratford, CT

Willimantic Brewing Company

willibrew.com Willimantic, CT





Willimantic Brewing Company Courtesy of Willimantic Brewing Company



Outer Light Brewing Courtesy of Outer Light Brewing

## RESTAURANTS



When it comes to exceptional dining experiences, eastern Connecticut has a wide range of restaurants to satisfy every taste bud.

Connecticut cuisine is closely tied to its storied maritime tradition, and there is no shortage of seafood! Seafood lovers can find endless varieties of lobster, oysters, shrimp, mussels, clams, crab, and fish dishes. Most eastern Connecticut towns with water access have seasonal "clam shacks," serving simply-made – but expertly prepared – fresh seafood in a casual atmosphere. Despite their humble appearances, many of these facilities are the most popular seafood spots around. Locals often gladly wait in long lines for these culinary experiences.

Dining out at eastern Connecticut restaurants is an experience of its own. The region offers options appropriate for any taste and budget. Many national fast food staples have a presence in eastern Connecticut, as well as chain restaurants you might be familiar with. For those seeking a more local flavor, the region's chefs prepare sumptuous cuisine at unique, independent restaurants. Eastern CT is fortunate to be home to an array of American, Italian, Greek, Thai, Polish, Chinese, Lebanese, Mexican, and fusion restaurants. Restaurant styles run the gamut between classic deli counters and dazzling steakhouses.

The health-conscious diner will be pleasantly surprised at the variety of offerings in eastern CT. Local restaurants embrace healthy eating habits, and many specialize in bodypositive, earth-friendly meals. Plus, many restaurants order from local farms and suppliers, keeping their food healthy and affordable.



#### **Grinders vs. Subs**

Every region has its own name for the classic sandwich. Here in eastern CT, we use both terms. Rumor has it the term "Sub" even originated right in New London and is named for the New London Naval Submarine Base.







#### **Does that pickle bounce?**

Connecticut law requires pickles to bounce in order to be sold. This old regulation has its roots in a 1948 incident in which pickle packers were arrested for selling rotten pickles. Connecticut's Food & Drug Commissioner then shared a tip: drop a pickle from a height of 1 foot and if it bounces, it's safe to eat.

## NIGHTLIFE

Eastern CT truly shines at night. The options for a night out range from intimate pubs to two of the world's most glamorous resort casinos.

Mohegan Sun and Foxwoods Resort Casino, both easily accessible within eastern CT, are the region's hotspots for nightlife. Each of these properties boasts restaurants, shops, nightclubs, gaming, and multiple performance stages featuring wordclass entertainment.

Mystic offers plenty of restaurants and bars that cater to residents and tourists, many of which host live music events throughout the year. Check with them often for lineups.

New London is a center of south eastern CT nightlife. Its many restaurants complement its vibrant bar and live music scene. New London also hosts a number of cultural events in performing arts venues throughout the city.

Norwich, located up the Thames River from New London, offers a blossoming nightlife scene. Residents are drawn to its multicultural restaurants, bars, and microbreweries.



#### **NIGHTLIFE NEIGHBORHOODS**

Downtown Mystic, CT Downtown New London, CT Downtown Norwich, CT Foxwoods Resort Casino Mashantucket, CT

**Mohegan Sun** Uncasville, CT

North Windham, CT Olde Mistick Village Mystic, CT Westerly, RI







For a complete calendar of regional events visit **CORE-ECT.com.** 

Sign up for **Community Concierge** and participate in **Let's Go Local** events to learn more about area hotspots.

## GALLERIES

### The Art Gallery at Eastern Connecticut State University

easternct.edu Willimantic, CT

**The Art Garden** 860-536-1918 Stonington, CT

**Cooper Smith Gallery** coopersmithgallery.com Essex, CT

Credabel Coral Lab & Gallery credabelcorallab.com New London, CT

#### Cummings Art Center at Connecticut College concoll.edu New London, CT

**Essex Art Association** essexartassociation.com New London, CT

Expressiones expressiones.org New London, CT

**Gallery at Firehouse Square** firehousesquare.com New London, CT

**Hygienic Art Gallery** 

hygienic.org New London, CT

#### La Grua Center

lagruacenter.org Stonington, CT

Marquee Gallery marqueegallery.com New London, CT

#### **Melanie Carr Gallery**

melaniecarrgallery.com Essex, CT

**MS17 Art Project** (Atrium at Harris Place) ms17artproject.com New London, CT

Mystic Museum of Art mysticmuseumofart.com Groton, CT

**Norwich Arts Center** norwicharts.org Norwich, CT

Seascape Art Gallery seascapestore.com Old Saybrook, CT

**Studio 87 at The Velvet Mill** thevelvetmill.com Stonington, CT

## PERFORMING ARTS

Albano Ballet Company of America albanoballet.org Hartford, CT

Austin Arts Center at Trinity College trincoll.edu Hartford, CT

**The Bradley Playhouse** thebradleyplayhouse.org Putnam, CT

**The Bushnell Center for Performing Arts** bushnell.org Hartford, CT

**Chestnut Street Playhouse** chestnutstreetplayhouse.org Norwich, CT

Eastern Connecticut Ballet Inc. easternctballet.org East Lyme, CT

Eastern Connecticut Symphony Orchestra ectsymphony.com New London, CT

**Eugene O'Neill Theater Center** theoneill.org Waterford, CT

Flock Theatre Company flocktheater.org New London, CT The Garde Arts Center gardearts.org New London, CT

**Goodspeed Opera House** goodspeed.org East Haddam, CT

Jorgensen Center for Performing Arts at the University of Connecticut jorgensen.uconn.edu Storrs, CT

Katharine Hepburn Cultural Arts Center katharinehepburntheater.org Old Saybrook, CT

**Long Wharf Theater** longwharf.org New Haven, CT

**Mystic Ballet** mysticballet.com Mystic, CT

**New Haven Theater Company** newhaventheatercompany.com New Haven, CT

**Salt Marsh Opera** saltmarshopera.org Stonington, CT

**Shubert Performing Arts Center** shubert.com New Haven, CT

#### **REGIONAL ARTS ORGANIZATIONS**

The Arts Council of Greater New Haven newhavenarts.org

**Connecticut Commission on Culture and Tourism** cultureandtourism.org

Cultural Heritage Arts Program chs.org

Eastern Connecticut Performing Arts Association ecpaa.org

Lyme Art Association lymeartassociation.org

**New England Foundation for the Arts** nefa.org

**Shoreline Alliance for the Arts** shorelinearts.org

Southeastern Connecticut Cultural Coalition culturesect.org

## **MUSEUMS & HISTORIC SITES**

Avery Copp House averycopphouse.org	154 Thames Street Groton, CT	Built in 1800 on the banks of the Thames River, the Avery Copp House stands as a time capsule of local history.
Children's Museum of Southeastern CT childrensmuseumsect.org	400 Main Street Niantic, CT	An interactive, hands-on, educational place for children to try on new roles and let their imaginations soar.
Connecticut River Museum ctrivermuseum.org	67 Main Street Essex, CT	Learn everything there is to know about the culture and heritage of the Connecticut River and its valley.
Custom House Maritime Museum nlmaritimesociety.org	150 Bank Street New London, CT	Telling the stories of New London's waterfront, the Custom House Maritime Museum offers lighthouse tours, boat trips and events.
Florence Griswold Museum flogris.org	96 Lyme Street Old Lyme, CT	Learn how Connecticut played a pivotal role in fostering an authentic American art.
Harriet Beecher Stowe Center harrietbeecherstowecenter.org	77 Forest Street Hartford, CT	Former home of the abolitionist and author, offering guided tours.
Historic House Museums historichousesct.com	Regional	Visit 16 historic house museums that will take you from colonial CT through the American Revolution, the Civil War and industrialization.
Hempsted Houses ctlandmarks.org	11 Hempstead Street New London, CT	The Joshua Hempsted House is one of New England's oldest and most well documented dwellings.
<b>Lyman Allyn Art Museum</b> lymanallyn.org	652 Williams Street New London, CT	A community based museum featuring American and European fine and decorative art.
Mark Twain House marktwainhouse.org	351 Farmington Avenue Hartford, CT	Twenty-five room Victorian mansion where Mark Twin lived and wrote from 1874-1891.

Although historically at odds, the Mashantucket Pequot Tribal Nation and the Mohegan Tribe of today are vested community partners. They work with each other and other eastern CT indigenous people to coordinate a wide variety of services.

#### 1638

1633 Dutch traders purchased land from the Pequot Tribe and

settlement in

Connecticut

made a permanent

The Pequot war culminates with The Treaty of Hartford, which outlawed the Pequot language, seized tribal lands, and disbanded the surviving Pequot people.

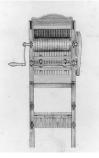
1646

1781 **Revolutionary War** turncoat, Benedict Arnold set fire to New London and captured Fort Griswold.

New London founded

by John Winthrop Jr.





1794 Eli Whitney invents the Cotton Gin

#### 1832

Prudence Crandall admits an African-American female student to her school for girls, creating what is considered to be the first integrated classroom in the U.S.

#### 1636

Connecticut colony formally delcares war on the Pequot and their allies.

1638

The Fundamental Orders provide the framework for the government of the Connecticut Colony.

1806 Noah Webster publishes the first American dictionary

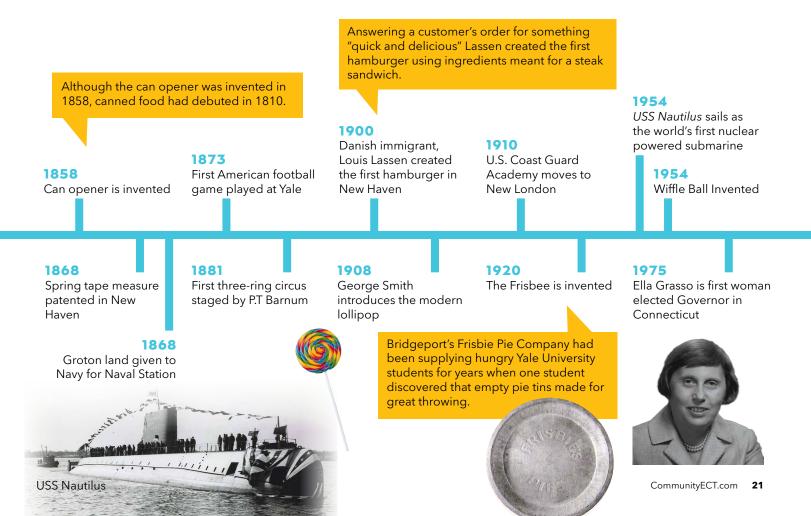
1836 **Revolver** patented by Colt



Benedict Arnold in effigy.

Since that infamous day, New London's Flock Theatre Company began the tradition of burning

Mashantucket Pequot Museum pequotmuseum.com	110 Pequot Trail Mashantucket, CT	The world's largest and most comprehensive museum of Native American history.
Monte Cristo Cottage theoneill.org/mcc	325 Pequot Avenue New London, CT	The boyhood summer home of Eugene O'Neill operates as a museum featuring a permanent exhibition of his life and works.
Mystic Seaport Museum mysticseaport.com	75 Greenmanville Avenue Mystic, CT	The nation's leading maritime museum with interactive exhibits that explore America's seafaring past.
PEZ Visitors Center us.pez.com	35 Prindle Hill Road Orange, CT	The PEZ musuem features history, trivia, and memorabilia related to the classic candy and dispensers.
<b>Prudence Crandall Museum</b> friendsofprudencecrandallmuseum.org	1 S Canterbury Road Canterbury, CT	The historic home of Prudence Crandall, the abolitionist and educator known for opening a school for African Americans.
The Old Lighthouse Musuem stoningtonhistory.org	7 Water Street, Stonington, CT	The 170 year old lighthouse is home to artifacts of Stonington's maritime and agricultural history.
Submarine Force Museum ussnautilus.org	1 Crystal Lake Road Groton, CT	Maintains a collection of submarine artifacts and is home to the historic USS Nautilus (open to visitors).
Shaw Mansion nlhistory.org	11 Blinman Street New London, CT	Built in 1756, this historical mansion now serves as the home of the New London County Historical Society.
The Slater Memorial Museum slatermuseum.org	108 Crescent Street Norwich, CT	Home to a broad range of fine and decorative art from the Americas, Asia, Europe, and Africa.
Windham Textile & History Museum millmusuem.org	411 Main Street Willimantic, CT	Through its exhibits the museum preserves the history of textiles with an emphasis on workers and designers.



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## Your Community

#### IN THIS SECTION

Towns Public Libraries Grocery Stores Youth Centers VFWs & Service Clubs Finance Houses of Worship



Many eastern Connecticut towns have sections, or villages, that are commonly referred to by locals but might be hard to locate on a map. For example, the village of Mystic is a census-defined community that actually straddles both the Town of Groton and the Town of Stonington. Mystic does not exist as its own independent township, but is what locals generally refer to when they talk about the cluster of neighborhoods and attractions centered around the Mystic River.

For a complete list of towns, villages, and boroughs, check out a list of principal communities on **ct.gov.** 

## TOWN WEBSITES

Ashford ashfordtownhall.org

Bozrah townofbozrah.org

Brooklyn brooklynct.org

**Canterbury** canterburyct.org

**Chaplin** chaplinct.org

**City of Groton** cityofgroton.com

**City of New London** ci.new-london.ct.us

**Colchester** colchesterct.gov

East Lyme eltownhall.com

Eastford eastfordct.com/eastford

Franklin franklinct.com

**Griswold** griswold-ct.gov

Hampton hamptonct.org **Killingly** killingly.org

**Lebanon** lebanontownhall.org

Ledyard town.ledyard.ct.us

**Lisbon** lisbonct.com

**Lyme** townoflyme.org

Montville townofmontville.org

North Stonington northstoningtonct.gov

Norwich norwichct.org

**Old Lyme** old-lyme-ct.gov

Plainfield plainfieldct.org

Pomfret pomfretct.gov

Preston preston-ct.org

Putnam putnamct.us **Salem** salemct.gov

Scotland scotlandct.org

Sprague ctsprague.org

Sterling sterling.ct.us

Stonington stonington-ct.gov

Thompson thompsonct.org

Town of Groton groton-ct.gov

Voluntown voluntown.gov

Waterford waterfordct.org

Windham/Willimantic windhamct.com

Woodstock townofwoodstock.com

## **PUBLIC LIBRARIES**

#### ASHFORD

**Babcock Library** 25 Pompey Hallow Road Ashford, CT

#### BROOKLYN

**Brooklyn Town Library Association** 10 Canterbury Road Brooklyn, CT

#### CANTERBURY

**Canterbury Public Library** 1 Municipal Drive Canterbury, CT

EAST LYME East Lyme Public Library 39 Society Road East Lyme, CT

EASTFORD

**Eastford Public Library** 179 Eastford Road Eastford, CT

FRANKLIN Janet Carlson Calvert Library

5 Tyler Drive Franklin, CT

#### GALES FERRY

**Gales Ferry Public Library** 18 Hurlbutt Road Gales Ferry, CT

#### GRISWOLD

**Slater Library** 26 Main Street Griswold, CT

#### **GROTON CITY**

**Bill Memorial Library** 240 Monument Street Groton, CT

**GROTON TOWN** 

**Groton Public Library** 102 Newtown Road Groton, CT

KILLINGLY Killingly Public Library 25 Westcott Road Killingly, CT

#### LEBANON

**Johnathan Trumbull Librar**y 580 Exeter Road Lebanon, CT

#### LEDYARD

**Bill Library** 718 Colonel Ledyard Highway Ledyard, CT

MYSTIC

Mystic & Noank Library 40 Library Street Mystic, CT

#### MONTVILLE

**Raymond Library** 832 Raymond Hill Road Montville, CT

**NEW LONDON** 

Public Library of New London 63 Huntington Street New London, CT

#### NORTH STONINGTON

**Wheeler Library** 101 Main Street, North Stonington, CT

#### NORWICH

Otis Library 261 Main Street Norwich, CT

#### OLD LYME

**Phoebe Griffin Noyes Library** 2 Library Lane Old Lyme, CT

#### **OLD SAYBROOK**

Acton Public Library 60 Old Boston Post Road Old Saybrook, CT

#### PLAINFIELD

Aldrich Free Public Library 299 Main Street Plainfield, CT

#### POMFRET

Abington Social Library 536 Hampton Road Pomfret, CT

#### PUTNAM

**Putnam Public Library** 225 Kennedy Drive Putnam, CT

#### PRESTON

**Preston Public Library** 389 Route 2 Preston, CT

#### SALEM

**Salem Free Public Library** 264 Hartford Road Salem, CT

#### SPRAGUE

**Sprague Public Library** 76 Main Street Spague, CT

#### STERLING

**Sterling Public Library** 1110 Plainfield Pike Sterling, CT

#### **STONINGTON**

**Stonington Free Library** 20 High Street Stonington, CT

THOMPSON Thompson Public Library 934 Riverside Drive North Grosvenordale, CT

VOLUNTOWN Voluntown Public Library 107 Main Street Voluntown, CT

WATERFORD Waterford Public Library

49 Rope Ferry Road Waterford, CT

Windham Guilford Smith Memorial Library 17 Main Street Windham, CT

**Windham Free Library** 7 Windham Green Road Windham, CT

**Willimantic Public Library** 905 Main Street Willimantic, CT

WOODSTOCK Howard W. Bracken Memorial Library Academy Road Woodstock, CT

May Memorial Library 15 Prospect Street Woodstock, CT

North Woodstock Library Route 169 Woodstock, CT

## **GROCERY STORES**

Get your bearings for your new local grocery, convenience, specialty food, and liquor stores. Many local supermarkets also offer delivery or pick-up through online ordering.

#### **SUPERMARKETS**

ALDI	Groton, Lisbon, and Waterford, CT
Big Y	Groton, Manchester, Mystic, Norwich, Old Lyme, Old Saybrook, and Plainfield, CT
BJ's Wholesale	125 Cross Road Waterford, CT
Commissary (Requires Military ID)	617, 40 Crystal Lake Road Groton, CT
Fiddleheads Food Co-op	13 Broad Street New London, CT
Ledyard Village Market	733 Colonel Ledyard Highway Ledyard, CT
McQuade's Marketplace	14 Clara Drive Mystic, CT
Natural Food Store	21 Hope Street Niantic, CT
NSA Supermarket	332 South Frontage Road New London, CT
Pezzello Brothers Fruit & Produce	148 Jefferson Avenue New London CT
Preston Supermarket	353 CT-165 Preston, CT
ShopRite	New London, Norwich, and Clinton, CT
Starrwood Food Market	1 Norwich Avenue, Norwich, CT
Stop & Shop	East Lyme, Groton, Montville, Norwich, Pawcatuck, and Waterford, CT
Target	Waterford, Lisbon, and Dayville, CT
Tri-Town Foods	East Lyme, Lisbon, and Plainfield, CT
Walmart	Groton, Lisbon, North Windham, Norwich, Old Saybrook, and Waterford, CT

Liquor Stores are better known as **Package Stores (packies)** to Connnecticut residents. Why? State law requires purchased liquor to be *packaged* in sealed bottles or other containers!

#### **FARMER'S MARKETS**

Nearly every town in eastern Connecticut has it's own farmer's market.

Visit **farmersmarkettrail.com** to find a farmer's market near you. If you are interested in participating in a farmer's market, visit **ct.gov/doag** to learn more.

#### **SPECIALTY FOOD STORES**

You can find all types of food across eastern Connecticut. For a list of specialty food stores visit our directory at **ChamberECT.com**.

#### **LIQUOR STORES**

Connecticut allows the sale of alcoholic beverages until 10 PM Monday through Saturday, and until 6 PM on Sundays.

You can purchase beer at both grocery and liquor stores, and wine and liquor at only liquor stores.

Here is a small selection of liquor stores in eastern Connecticut.

**Gordon's Yellow Front Wines & Liquors** New London, CT

Grand Wine & Spirits Groton, Mystic, and Old Lyme, CT

Happy Wine & Spirits Waterford, CT

Norwich Wine & Spirits Norwich, CT

**Pit Stop Spirit Shop** Plainfield, CT

**Shoreline Super Liquors** Waterford, CT

Towne Liquor Store Norwich, CT

**Universal Package Store** Mystic, Noank, and New London, CT

Village Wines & Spirits Niantic, CT

Waterford Wine & Spirits & Cheese Shop Waterford, CT

## VFWs

**Canterbury VFW** 21 N Canterbury Rd Canterbury, CT

**Colchester VFW** 95 Norwich Avenue Colchester, CT

**Danielson VFW** 29 Mechanic Street Danielson, CT

**Essex VFW** 3 Westbrook Road Centerbrook, CT

**Franklin VFW** 7 Meeting House Hill Road Franklin, CT

**Gales Ferry VFW** 284 Stoddard's Wharf Road Gales Ferry, CT

**Jewett City VFW** 263 Taylor Hill Road Jewett City, CT

**Killingly VFW** 1035 North Road East Killingly, CT

**Lyme VFW** Townwoods Road Old Lyme, CT

**Montville VFW** 91 Raymond Hill Road Montville, CT **Mystic VFW** 60 Stonington Road Mystic, CT

**New London VFW** 110 Garfield Avenue New London, CT

Niantic VFW 39 Columbus Avenue Niantic, CT

Norwich VFW 30 Connecticut Avenue Norwich, CT

**Old Lyme VFW** Lyme Senior Center Old Lyme, CT

**Old Saybrook VFW** 315 Essex Road Old Saybrook, CT

**Pawcatuck VFW** 160 South Broad Street Pawcatuck, CT

**Plainfield VFW** 7 Winsor Avenue Plainfield, CT

**Preston VFW** 28 Spicer Road Preston, CT

**Putnam VFW** 207 Providence Street Putnam, CT Look out for **Vets Rock**, Mohegan Sun's celebration of active duty military and veterans. Enjoy a day full of programs, resources, and entertainment.

**Salem VFW** 244 Hartford Road Salem, CT

**Taftville VFW** 36 Pratte Avenue Taftville, CT

Waterford VFW 382 Boston Post Road Waterford, CT

**Willimantic VFW** 1415 Main Street Willimantic, CT

#### **VETERANS GROUPS**

Guardians of the Purple Heart facebook.com/guardiansofthepurpleheart Danielson, CT

Veterans Count Connecticut an affiliate of Oak Hill oakhillct.com Hartford, CT

#### LEARN ABOUT OUR MILITARY COMMUNITY ON PAGE 36

## SERVICE CLUBS

CANTERBURY Lions: canterburyct.org

COLCHESTER Rotary: colchesterrotary.com Lions: colchesterlions.org

GROTON Rotary: grotonrotary.com

LEDYARD Rotary: ledyardrotary.org Lions: e-clubhouse.org/sites/ledyardct/

LISBON Lions: lisbonlionsclub.weebly.com

MONTVILLE

Rotary: sites.google.com/site/ montvillerotaryct Lions: e-clubhouse.org/sites/montvillect Kiwanis: montvillekiwanis.org

#### MYSTIC Rotary: mysticrotary.org

NEW LONDON: Rotary: newlondonrotary.com Lions: e-clubhouse.org/sites/ newlondonct Kiwanis: newlondonkiwanis.org

NIANTIC Rotary: nianticrotary.org Lions: nianticlions.org

NORWICH Rotary: norwichrotary.org Lions: norwichlionsclubsinc.com

PLAINFIELD Rotary: rotaryclubofplainfield.com

PUTNAM Rotary: portal.clubrunner.ca/6068 STONINGTON

Rotary: stoningtonsrotary.org

THOMPSON Lions: facebook.com/ ThompsonLionsClub

WATERFORD Rotary: waterfordrotary.org

WILLIMANTIC Rotary: willimanticrotary.com

Check with your town for other volunteer oportunities, or visit **volunteermatch.com**.

## YOUTH CENTERS

#### **Griswold Community Youth Center**

griswoldyfs.com 68 Ashland Street Griswold, CT

#### Lyme Youth Services Bureau lysb.org 59 Lyme Street Old Lyme, CT

Montville Youth Services Bureau montvilleyouth.org 836 Old Colchester Road Oakdale, CT

#### **Ocean Community YMCA**

oceancommunityymca.com 1 Harry Austin Drive Mystic, CT

#### **New London Youth Affairs**

newlondonyouthaffairs.org 120 Broad Street New London, CT

#### Stonington Community Center

thecomo.org 28 Cutler Street Stonington, CT

#### **Subase Youth Center**

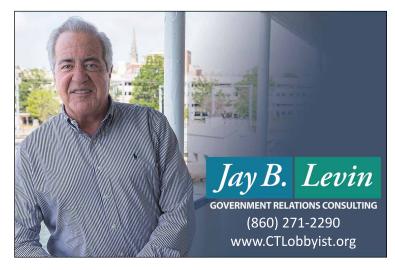
subasenlonyouthcenter.weebly.com 29 Hickory Drive Groton, CT

If you don't see a youth center listed for your town, visit your town's website listed on page 23 for more information.





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## FINANCE

Eastern Connecticut offers a wide variety of financial institutions with many local branches. If your bank doesn't have a presence in this region, transactions may become more difficult. Think about transferring your finances to a local bank and/or getting started with a local financial advisor.

#### **BANKS & CREDIT UNIONS**

Bank of America bankofamerica.com

Charter Oak Federal Credit Union charteroak.com

Chelsea Groton Bank chelseagroton.com

Citizens Bank citizensbank.com

CorePlus Federal Credit Union coreplus.org

Dime Bank dime-bank.com

Eastern Savings Bank eastern-savings.com

Jewett City Savings Bank jcsbank.com

Liberty Bank liberty-bank.com

Navy Federal Credit Union navyfederal.org

People's United Bank peoples.com

Putnam Bank putnambank.com

Savings Institute Bank and Trust savingsinstitute.bank

Scient Federal Credit Union scientfcu.com

Webster Bank websteronline.com

#### **INVESTMENT SERVICES**

CCR Wealth Management ccrwealth.com

Coastal Wealth Management ameripriseadvisors.com/team/coastalwealth-management

Lansdowne Wealth Management lwmwealth.com

**Lincoln Financial Securities Corp.** tomdittmeier.com

Osage Advisors osageadvisors.com

Stifel Nicolaus Inc. stifel.com

Tri-River Capital tri-rivercapital.com

#### MORTGAGE & LOAN BROKERS

Community Investment Corporation ciclending.com

Contour Mortgage Corporation contourmortgage.com

Diamond Team at Norcom Mortgage sandramontanari.norcommortgage.com

Homestead Funding kturner.homesteadfunding.com

Primary Residential Mortgage, Inc teamprimary.com/norwich-ct/

**Residential Mortgage Services, Inc.** kirkhagert.rmsmortgage.com

See all local bank locations and research other financial and insurance institutions at **ChamberECT.com**. For a complete list of banks and credit unions in Connecticut and more information on banking in Connecticut, visit **ct.gov/dob**.

For more information on taxes in Connecticut, visit **ct.gov/drs**.

To see the mill rate in your town, visit **ct.gov/opm**.

Vist the Calendar of Regional Events to explore events on financial literacy or retirement planning, at **CORE-ECT.com**.

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#### **INSURANCE AGENCIES**

Anthem - Blue Cross Blue Shield anthem.com

Beecher Carlson Insurance Services, Inc. beechercarlson.com

BK Group Benefits, LLC 203-481-4254

Bouvier Insurance binsurance.com

Brown & Brown Insurance bbinsurance.com

Byrnes Agency Inc. byrnesagency.com

ConnectiCare, Inc. connecticare.com

**Diversified Group Services, Inc.** dgshealth.com

FCIG NORTHEAST fcignortheast.com

GEICO Insurance geico.com/insurance-agents/connecticut/new-london/mark-nickerson/

Harvard Pilgrim Healthcare harvardpilgrim.org

Lakehouse Partners 860-917-7281

Levine Insurance Group LLC levineinsurancegroup.com

Liberty Mutual Insurance libertymutual.com

McCabe Benefit Solutions - Your Local Aflac Office aflac.com/agents/edward\_mccabe.aspx

Morin Associates LLC morinassociates.com

Northwestern Mutual thomasvorio.nm.com

Parker Agency parkerhealth.com

Roger P. Nelson Insurance usabg.net/rnelson

SAVA Insurance Group, Inc. savainsurance.com

Smith Insurance, Inc. smithins.com

Sumner & Sumner, Inc. sumnerandsumner.com

The Butzgy Agency agents.farmers/com/ct/quaker-hill/karl-butzgy

The Reardon Agency, Inc. reardonagency.com

The SIG Insurance Agencies findsig.com

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## **HOUSES OF WORSHIP**

#### **EAST LYME/NIANTIC**

**American Baptist** Flanders Baptist Church 860-739-7987 162 Boston Post Road, East Lyme, CT

**Niantic Baptist Church** 860-739-5131 443 Main Street, Niantic, CT

Assemblies of God Lighthouse Assembly of God 860-691-1277 315 Flanders Road, East Lyme, CT

**Episcopal St. John's Episcopal Church** 860-739-2324 400 Main Street, Niantic, CT

**Lutheran Christ Lutheran Church** 860-739-6849 24 Society Road, Niantic, CT

Methodist/UCC Niantic Community Church 860-739-6208 170 Pennsylvania Ave, Niantic, CT

**Non-Denominational** Harvest Christian Fellowship 860-442-7423 5 Freedom Way, East Lyme, CT

Miracle Temple Church 860-739-0098 18 Dean Road, East Lyme, CT

Roman Catholic St. Agnes Church 22 Haign Avenue, Niantic, CT

**St. Matthias Church** 860-739-5208 317 Chesterfield Road, East Lyme, CT

#### **GALES FERRY**

American Baptist Ledyard- Gales Ferry Baptist Church 860-464-6481 39 Chirsty Hill Road, Gales Ferry, CT

**Episcopal** Saint David's Episcopal Church 860-464-6516 Corner of Routes 12 & 214, Gales Ferry, CT

Lutheran Saint Luke Lutheran Church 860-464-7897 1830 Route 12 And Clark Lane, Gales Ferry, CT **Roman Catholic Our Lady of Lourdes Church** 860-464-7251 1650 Route 12, Gales Ferry, CT

**United Methodist United Methodist Church of Gales Ferry** 860-464-7407 10 Chapman Lane, Gales Ferry, CT

#### GROTON

**Assembly of God Rock of Salvation Christian Temple** 860-405-1363 39 Circle Avenue, Groton, CT

Seaport Community Church 860-448-6224 28 Great Brook Road, Groton, CT

American Baptist Poquonnock Bridge Baptist Church 860-445-6126 1241 Poquonnock Road, Groton, CT

**Baptist** Free Will Baptist Church 860-445-0747 94 North Street, Groton, CT

**Grace Baptist Chapel** 860-445-4364 171 Candlewood Road, Groton, CT

Groton Heights Baptist Church 860-445-8197 / 860-445-8118 72 Broad Street, Groton, CT

**Stedfast Baptist Church** 860-449-8526 256 North Road, Groton, CT

**Catholic** Sacred Heart Roman Catholic Church and School 860-445-2905 56 Sacred Heart Drive, Groton, CT

Charismatic Pleasant Valley Community of Prayer & Praise 860-446-1616 20 Grove Avenue, Groton, CT

**Church of Christ Church of Christ** 860-445-7534 1018 Route 12, Groton, CT

**Church of God in Christ Missionary Church of God in Christ** 860-448-2832 36 Laurelwood Road, Groton, CT

#### Church of Jesus Christ Of Latter Day Saints

Church of Jesus Christ Of Latter Day Saints 860-536-5100 1230 Flanders Road, Groton, CT

The Mormon Missionaries, 860-448-0342 774 Gungywamp Road, Groton, Ct 06340

**Congregational** First Church of Christ Congregational 860-445-7409 162 Monument Street, Groton, CT

**Episcopal Bishop Seabury Episcopal Church** 860-445-9423 256 North Road, Groton, CT

**Foursquare Gospel** Lifehouse Church 860-448-2020 79 Maxson Road, Groton, CT

**Jehovah's Witness** Jehovah's Witnesses 860-536-2201 190 Flanders Road, Groton, CT

Lutheran Faith Lutheran Church 860-445-0483 625 Poquonnock Road, Groton, CT

**Methodist** Christ United Methodist Church 860-445-0088 200 Hazelnut Hill Road, Groton, CT

Nazarene Groton Church of Nazarene 860-446-8173 16 Fort Street, Groton, CT

Non-Denominational Groton Bible Chapel 860-445-1760 66 Toll Gate Road, Groton, CT

Saint John's Christian Church 860-446-9810 346 Shennecossett Road, Groton, CT

**Presbyterian** Saint Andrew Presbyterian Church 860-445-8348 310 Fort Hill Road, Groton, CT

Roman Catholic Sacred Heart Church Hall 860-445-7820 50 Sacred Heart Drive, Groton, CT **St. Mary Mother of The Redeemer** 860-445-1446 69 Groton Long Point Road, Groton, CT

**United Methodist Christ United Methodist Church** 860-445-0088 200 Hazelnut Hill Road, Groton, CT

**Islamic** Islamic Center of New London 16 Fort Street, Groton, CT

#### LEDYARD

Assembly of God Ledyard Assembly of God 860-572-7915 / 860-572-4132 384 Colonel Ledyard Highway, Ledyard, CT

Baptist Anchor Baptist Church 860-886-9892 52 Fanning Road, Ledyard CT

**Gallup Hill Baptist Church S B C** 860-464-8532 79 Gallup Hill Road, Ledvard, CT

Victory Bible Baptist Church 860-464-2558 6 Fairway Drive, Ledyard, CT

**Congregational** Ledyard Congregational Church UCC 860-464-9926 722 Colonel Ledyard Highway, Ledyard, CT

**Non-Denominational Grace & Peace Fellowship** 860-464-2408 18 Ferry View Drive, Ledyard, CT

**New Life Church** 860-464-9098 1729 Center Groton Road, Ledyard, CT

**Tree of Life Ministry** 860-464-1977 49 Coachman Pike, Ledyard, CT

**Presbyterian Covenant Presbyterian Church** 860-443-2462 1 Fairway Drive, Ledyard, CT

Reorganized Church of Jesus Christ Of Latter-Day Saints Reorganized Church of Jesus Christ Of Latter-Day Saints 860-464-2847 12 Inchcliffe Drive, Ledyard, CT

#### MONTVILLE

**Calvary Chapel Calvary Chapel Uncasville** 860-848-7400 126 Sharp Hill Road, Uncasville, CT National Association of Congregational Mohegan Congregational Church 860-848-2029 27 Church Lane, Uncasville, CT

**Non-Denominational Montville Union Baptist Church** 860-848-3570 279 Route 163, Montville, CT

Roman Catholic Office for Faith Formation 860-482-2373 1595 Norwich- New London Turnpike, Uncasville, CT

**St. John Parish Montville** 860-848-9335 22 Maple Avenue, Uncasville, CT

**South Baptist Convention The Foundation Church** 99 Maple Avenue, Uncasville, CT

**United Methodist Uncasville United Methodist Church** 860-848-3856 34 Maple Avenue Ext, Uncasville, CT

#### MYSTIC

**Anglican** Saint Matthias Anglican Church 860-391-2497 27 Coogan Boulevard, Mystic, CT

American Baptist Union Baptist Church 860-536-9659 119 High Street, Mystic, CT

**Catholic** Christian Science First Church of Christ Scientist 860-536-7503 5 Gravel Street, Mystic, CT

**Church of God Church of God** 860-536-7168 500 Sandy Hollow Road, Mystic, CT

**Congregational Mystic Congregational Church** 860-536-4259 43 East Main Street, Mystic, CT

**Episcopal** Saint Mark's Episcopal Church 860-572-9549 15 Pearl Street, Mystic, CT

Pentecostal Church of God 860-536-7168 500 Sandy Hollow Road, Mystic, CT

Roman Catholic Saint Patrick Church 860-536-1800 32 East Main Street, Mystic, CT **United Methodist** First United Methodist Church 860-536-3394 23 Willow Street, Mystic, CT

**Old Mystic United Methodist Church** 860-536-2171 44 Main Street, Old Mystic, CT

#### **NEW LONDON**

Adventist Mount Olive Seventh Day Adventist Church 860-443-4178 14 Linden Street, New London, CT

**African Methodist Episcopal Walls Temple Ame Zion Church** 860-442-7512 16 Belden Street, New London, CT

**Apostolic** Apostolic Cathedral Of Hope 860-437-7500 157 Green Street, New London, CT

**Apostolic Lighthouse** 860-447-2529 50 Warren Street, New London CT

Assemblies Of God Pilgrim On The Thames Assembly Of God 860-444-1457 76 Federal Street, New London, CT

American Baptist Church Of The City 860-447-0388 250 State Street, New London, CT

Primera Iglesia Bautista Hispana 860-443-6300 68 Smith Street, New London, CT

Baptist Citywide Baptist Church 860-442-5495 325 Broad Street, New London, CT

First Baptist Church Of New London 860-447-0388 268 State Street, New London, CT

First Spanish Baptist Church Of New London 860-443-6300 68 Smith Street, New London, CT

Huntington Street Baptist Church 860-443-4607 29 Huntington Street, New London CT

**Montauk Avenue Baptist Church** 860-443-3265 236 Montauk Avenue, New London CT

**Shiloh Baptist Church** 860-442-4894 1 Garvin Street, New London, CT

**Trinity Missionary Baptist Church** 860-443-5897 60 Blackhall Street, New London, CT **Catholic** Saint Joseph's Church Rectory 860-443-5393 17 Squire Street, New London, CT

Saint Mary Star Of The Seachurch/ Assumption Hall 860-447-1431 10 Huntington Street, New London, CT

Saint Peter & Paul Polish National Catholic Church 860-442-5768 730 State Pier Road, New London CT

**Christian Science** First Church Of Christ Scientist 860-442-5487 214 Hempstead Street, New London, CT

**Church Of God Beulah Land Church Of God** 860-444-2684 80 Jefferson Avenue, New London CT

**Church Of God In Christ Beulah Land Church Of God In Christ** 860-443-7266 / 860-889-4511 63 Church Street, New London, CT

**The Pentecostal Rescue Mission** 860-442-3905 29 Blackhall Street, New London, CT

**Community** New Millennium Community Outreach 860-439-0091 439 Ocean Avenue, New London CT

**Congregational** First Congregational Church UCC New London 860-443-8409 66 Union Street, New London, CT

Second Congregational Church Of New London 860-442-5749 45 Broad Street, New London, CT

**Episcopal** Saint James Episcopal Church 860-439-0740 76 Federal Street, New London CT

**Full Gospel Faith Fellowship** 860-443-7507 327 Huntington Street, New London, CT

**New London Covenant Church** 860-447-3757 122 Colman Street, New London, CT

**Greek Orthodox** Saint Sophia Hellenic Orthodox Church 200 Hempstead Street, New London, Ct 06320

Holiness Mount Moriah Fire Baptized Holiness Church 860-442-6717 22 Moore Avenue, New London CT **Lutheran** Lutheran Church Of The Redeemer 860-444-6529 35 Cedar Grove Avenue, New London CT

**Methodist** New London United Methodist Church 860-443-7804 130 Broad Street, New London CT

National Catholic Saint Peter & Paul Polish National Catholic Church 860-442-5768 730 State Pier Road, New London, CT

Non-Denominational Faith Fellowship 860-443-7507 327 Huntington Street, New London CT

<mark>Miracle Temple Church</mark> 860-437-0299 45 Broad Street, New London CT

**New London Covenant Church** 860-447-3757 122 Colman Street, New London, CT

**Primera Iglesia** 860-443-6300 35 Redden Avenue, New London CT

**Tree Of Life Christian Fellowship** 860-447-3757 122 Colman Street, New London CT

Orthodox Saint Sophia Hellenic Orthodox Church 860-442-2377 200 Hempstead Street, New London, CT

**Pentecostal** All Soul Mine 860-701-0640 325 Broad Street, New London, CT

Christian Pentecostal Church 860-447-9523 80 Jefferson Avenue, New London, CT

**Madry Temple** 860-443-2136 25 Manwaring Street, New London, CT

Mircle Temple Church 860-437-0299 727 Bank Street, New London, CT

Mount Moriah Fire Baptized Holiness Church 860-442-6717 22 Moore Street, New London, CT

**The Pentecostal Rescue Mission** 860-442-3905 / 860-442-6208 29 Blackhall Street, New London CT 111 Blinman Street, New London, CT

**Second Star Of Jacob Pentecostal Church** 860-440-0716 44 Lee Avenue, New London CT **United Pentecostal Church** 860-447-8700 581 Bank Street, New London CT

Roman Catholic Saint Joesph's Church 860-443-1431 17 Squire Street, New London, CT

Saint Mary Star Of The Sea Church 860-447-1431 10 Huntington Street, New London, CT

Seventh-Day Adventist Mount Olive Seventh Day Adventist Church 860-443-4178 14 Linden Street, New London CT

**Unitarian Universalist Church All Souls Unitarian-Universalist Church** 860-443-0316 60 Huntington Street, New London, CT

**United Methodist** New London United Methodist Church 860-443-7804 130 Broad Street, New London, CT

**United Pentecostal United Pentecostal Church** 860-447-2529 153 Plant Street, New London, CT

**Conservative Synagogue Congregation Beth El** 860-442-0418 660 Ocean Avenue, New London, CT

Orthodox Synagogue Congregation Ahavath Chesed 860-442-3234 590 Montauk Avenue, New London, CT

#### NOANK

American Baptist Noank Baptist Church 860-536-7129 18 Cathedral Heights, Noank, CT

#### NORWICH

African Methodist Evans Ame Zion Church 860-889-3604 2 Mckinley Avenue, Norwich, CT

Alliance Norwich Alliance Church 860-889-8882 35 Wawecus Hill Road, Norwich, CT

**Apostolic Apostolic Church of the Good Shepherd** 860-204-0592 172 West Town Street, Norwich, CT

**New Apostolic Church** 860-889-0560 320 Mohegan Park Road, Norwich, CT Assemblies of God Assembly of God of Norwich 860-887-4678 340 New London Turnpike, Norwich, CT

American Baptist Central Baptist Church 860-889-8313 2 Union Square, Norwich, CT

Baptist First Baptist Church 860-889-0369 239 West Main Street, Norwich, CT

Vision Baptist Church 860-822-9371 579 Scotland Road, Norwich, CT

Catholic Catholic Charities & Family Service 860-889-8346 331 Main Street, Norwich, CT

Sacred Heart Church 860-887-1030 52 West Town Street, Norwich, CT

Saint Joseph's Roman Catholic Church 860-887-1565 120 Cliff Street, Norwich, CT

Saint Mary's Roman Catholic Church 860-887-2565 70 Central Avenue, Norwich, CT

Saint Patrick Cathedral 860-889-8441 213 Broadway, Norwich, CT

Saints Peter & Paul Church 860-887-9857 181 Elizabeth Street, Norwich, CT

**Christian and Missionary Alliance Christian & Missionary Alliance** 860-889-0139 107 Newton Street, Norwich, CT

**Church of God Beulah Land Church of God** 860-889-4511 63 Church Street, Norwich, CT

**Church of God in Christ** Emmanuel Church of God in Christ 860-204-9135 25 Mckay Street, Norwich, CT

**Congregational First Congregational Church** 860-889-9520 81 East Town Street, Norwich, CT

**Greenville Congregational Church** 860-887-6600 143 Prospect Street, Norwich, CT

Park Congregational Church 860-887-3747 283 Broadway, Norwich, CT

**Episcopal** Christ Episcopal Church 860-887-4249 78 Washington Street, Norwich, CT

Lutheran Saint Mark Evangelical Lutheran Church 860-887-6826 248 Broadway, Norwich, CT

**Methodist** Lee Memorial United Methodist Church 860-887-5886 294 Washington Street, Norwich, CT

**Missionary** Norwich Alliance Church 860-889-8882 35 Wawecus Hill Road, Norwich, CT

**Non-Denominational** Artos Bible College 860-822-6639 165 Lawler Lane, Norwich, CT

**Church of the Resurrection** 860-889-9462 230 Hunters Road, Norwich, CT

**Divine Providence Church** 860-887-2812 11 Silver Street, Norwich, CT

**His Church of Living Waters** 860-886-2988 10 Hedge Avenue, Norwich, CT

**Ministry to the Deaf** 860-886-1281 31 Perkins Avenue, Norwich, CT

**Refuge House of Prayer** 860-887-0845 175 Hickory Street, Norwich, CT

Tabernacle of Deliverance & Praise860-886-6436230 Hunters Road, Norwich, CT

**The Kings Chapel** 860-889-5554 134 Boswell Avenue, Norwich, CT

Orthodox Holy New Martyrs Orthodox Church 860-934-0425 172 West Town Street, Norwich, CT

Holy Trinity Greek Orthodox Church 860-887-1458 247 Washington Street, Norwich, CT

Saint Nicholas Orthodox Church 860-887-6763 35 Convent Avenue, Norwich, CT

**Seventh-Day Adventist** Seventh-Day Adventist Church 860-889-4742 400 Harland Road, Norwich, CT

#### PAWCATUCK

#### **Assemblies of God**

Faith Assembly of God Church 860-599-3610 436 Liberty Street, Pawcatuck, CT

**Baptist** Lighthouse Community Baptist Church 860-599-0448 22 Pequot Trail, Pawcatuck, CT

**Congregational** United Congregational Church of Westerly 860-599-1226 9 Castle Hill Road, Pawcatuck, CT

Roman Catholic Saint Michael's Rectory 860-599-5580 60 Liberty Street, Pawcatuck, CT

#### PRESTON

Baptist Calvary Baptist Church 860-887-3245 97 Connecticut 165, Preston, CT

**Bible** Preston City Bible Church 860-889-6529 293 Route 164, Preston, CT

**Catholic** Saint Catherine of Siena 860-889-7640 243 Route 164, Preston, CT

**Congregational** Preston City Congregational Church 860-887-4647 321 Route 164, Preston, CT

**Jehovah's Witness Kingdom Hall of Jehovah's Witnesses** 860-885-0552 282 CT-165, Preston, CT

Nazarene Church of the Nazarene 860-889-3166 128 Route 2, Preston, CT

Non-Denominational Saint James Church 860-889-0150 95 Route 2A, Preston, CT

#### **QUAKER HILL**

**Baptist Quaker Hill Baptist Church** 860-442-8856 144 Old Norwich Road, Quaker Hill CT

#### **STONINGTON**

**American Baptist United Church of Stonington** 860-535-0879 67 Main Street, Stonington, CT **Baptist** 

**First Baptist Church of North Stonington** 860-599-5331 793 Pendleton Hill Road, North Stonington CT

**Open Door Baptist Church** 860-535-9138 475 Pequot Trail, Stonington, CT

Second Baptist Church 860-599-2077 146 Pendleton Hill Road, North Stonington, CT

Third Baptist Church 860-535-0208 5 Rocky Hollow Road, North Stonington, CT

**Unity Baptist Church** 860-599-5020 119 Clarks Falls Road, North Stonington, CT

Catholic Beacon Christian Church 860-599-2087 637 Pequot Trail, Stonington, CT

**Congregational** North Stonington Congregational Church 860-536-4259 89 Main Street, North Stonington, CT

Road Church of Stonington 860-535-0655 903 Pequot Trail, Stonington, CT

**Episcopal Calvary Church** 860-535-1181 27 Church Street, Stonington, CT

**Evangelical Free** Grace Fellowship EFC 860-535-4222 102 Route 184, North Stonington, CT

**Full Gospel Evangel Temple Full Gospel Church** 860-599-5138 11 Cleveland Street, Stonington CT

Non-Denominational Beacon Christian Church 860-599-2087 637 Pequot Trail, Stonington, CT

**Christian's Community Church** 860-536-4936 22 Bayview Avenue, Stonington, CT

North Stonington Bible Church 860-535-2872 100 Jeremy Hill Road, North Stonington, CT

**Pentecostal Evangel Temple Full Gospel Church** 860-599-5138 11 Cleveland Street, Stonington, CT

Family Christian Center 860-599-3119 67 Prospect Street, Stonington, CT Roman Catholic Saint Mary's Rectory 860-535-1700 95 Main Street, Stonington, CT

Saint Thomas More Church 860-535-1601 87 Mystic Road, North Stonington, CT

United Church of Christ United Church of Stonington 860-535-0879 67 Main Street, Stonington, CT Baptist

#### WATERFORD

**Baptist** First Baptist Church 860-443-1126 105 Rope Ferry Road, Waterford, CT

**Lakes Pond Baptist Church** 860-442-0277 1144 Hartford Turnpike, Waterford, CT

Waterford SDB 860-447-1037 206 Great Neck Road, Waterford, CT

**Church of God in Christ Church of God in Christ** 860-442-8337 17 Colonial Drive, Waterford, CT

**Jehovah's Witness Kingdom Hall of Jehovah's Witnesses** 860-574-9174 57 Clark Lane, Waterford, CT

**Non- Denominational** Harvest Christian Fellowship 860-442-7423 17 Middle Street, Waterford, CT

Orthodox Orthodox American Church 860-442-8278 17 Fulmore Drive, Waterford, CT

**Presbyterian Crossroads Presbyterian Church** 860-442-3693 70 Cross Road, Waterford, CT

**Quaker** New London Friends Meeting 860-444-1288 176 Oswegatchie Road, Waterford, CT

**Reform Jewish Temple** Temple Emanu-El 860-443-3005 29 Dayton Road, Waterford, CT

Roman Catholic St. Ann Melkite Catholic Church 860-442-2211 41 Cross Road, Waterford, CT

**St. Pauls Church** 860-443-5587 170 Rope Ferry Road, Waterford, CT





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To see a list of participating businesses and to purchase the card visit **CommunityECT.com**.

Community Concierge is a project of Thames River Innovation Place, supported by CTNext.

## A Military Community

IN THIS SECTION Military Branches Military Services

Eastern Connecticut loves its military community. Servicepeople and their families are an integral part of our region. Many who move here temporarily for military service fall in love with the area and end up becoming lifelong residents once their tours of duty are complete.

Populating our military community are service members from the U.S. Navy, Coast Guard, Army, and National Guard. Naval Submarine Base New London, located in Groton, is perhaps the highestprofile of our military institutions, with more than 11,500 activeduty personnel. Subase New London is one of the primary submarine bases for the entire U.S. Navy and is popularly referred to as the "home of the submarine force."

The U.S. Coast Guard Academy in New London is one of the country's premier service academies. Its student cadets receive an elite education and training that prepares them for service on our shores and waterways. The Coast Guard's nearby station, also in New London, houses a dedicated crew who specialize in search and rescue operations, law enforcement, port and waterway security, and environmental protection efforts.

Other eastern Connecticut residents serve in the Army and National Guard, while more still are employed in industries that serve the military. Support for our men and women in uniform runs deep in eastern Connecticut.

#### **Camp Niantic**

Army National Guard Base 38 Smith Street Niantic, CT

#### Naval Submarine Base New London 1 Crystal Lake Road Groton, CT

#### U.S. Coast Guard Academy

31 Mohegan Avenue New London, CT

#### **U.S. Coast Guard Station** 100 Bowditch Street

New London, CT

**1109th TASMG (Theater Aviation Sustainment Maintenance Group) Connecticut Army National Guard** 139 Tower Avenue Groton, CT





USCGC *Eagle* is the seventh U.S Goast Guard cutter to bear the name in a proud line dating back to 1792. It was built in 1936 in Germany and was originally used to train cadets for the German Navy. It was taken by the United States as a war prize after World War II.

#### **MILITARY SERVICES**

#### **Fleet and Family Support Center**

cnic.navy.mil Building 83 Naval Submarine Base Groton, CT 860-694-3383

Fleet and Family helps to empower military members and their families to thrive amidst change in the military lifestyle while maintaining operational readiness.

#### **Morale, Welfare & Recreation**

navymwrnewlondon.com Bldg 164, 2nd Floor Naval Submarine Base Groton, CT 860-694-5056

Morale, Welfare, and Recreation offers fleet and family quality of life programs and services.

Find local business that offer military discounts at **ChamberECT.com/military-discount.** 







## Employment Opportunities

IN THIS SECTION Employment Resources Start Your Own Business Eastern Connecticut is a great place to live, work, and play. With abundant tourism, hospitality, service, manufacturing, and design sectors, plus a large-scale hiring campaign at General Dynamics Electric Boat, many job opportunities await your arrival. Use the resources here to find information on finding employment and meaningful work in our region.

## **EMPLOYMENT RESOURCES**

#### LOCAL RESOURCES

American Job Center ewib.org/job-center

Chamber of Commerce of Eastern CT ChamberECT.com/jobs

**CT Hires** cthires.com

**CT State Colleges and Universities** ct.edu

**CT Department of Labor** ctdol.state.ct.us

Thames Valley Council for Community Action tvcca.org

The Day Job Postings theday.jobs

#### NATIONAL RESOURCES

**Career Builder** Careerbuilder.com

Craiglist newlondon.craigslist.org

Federal Government usajobs.gov

**Glassdoor** glassdoor.com

Indeed Indeed.com

**LinkedIn** linkedin.com

Monster monster.com

Zip Recruiter ziprecruiter.com

#### **COWORKING SPACES**

CURE Innovation Commons curecommons.org Groton, CT

Foundry 66 foundry66.com Norwich, CT

Shared Quarters sharedquarters.com Stonington, CT

**Spark Makerspace** sparkmakerspace.org New London, CT

## START YOUR OWN BUSINESS

If you are looking to start your own business, or trying to expand into in Eastern CT there are many organizations throughout the region which can provide information, support and resources to you.

#### EWIB

Eastern Connecticut Workforce Investment Board ewib.org

#### CERC

Connecticut Economic Resource Center cerc.com

Chamber of Commerce of Eastern Connecticut ChamberECT.com Ignite Thames River ignitethamesriver.org

**SBDC** Small Business Development Center CT ctsbdc.com

**SCORE** Counselors to America's Small Business score.org

#### SeCTer

Southeastern Connecticut Enterprise Region secter.org

**SBA** Small Business Association sba.gov

## Become a Community Concierge newcomer!

Network with longtime locals and learn more about eastern Connecticut's business climate. Visit **CommunityECT.com** to register!



## Power that exists in balance with nature.

The nuclear energy produced at our Millstone Power Station is not just safe and reliable. It's also emissions-free.



Our nuclear power stations provide a constant source of electricity while generating virtually no greenhouse gas emissions like carbon, nitrogen oxide or sulfur dioxide. Dominion Energy's nuclear fleet also provides one of the most dependable sources of energy available. Technology upgrades to enhance reliability are constantly improving operations—so much so that Dominion Energy's stations typically run more than 90% of the time. And that rocks. Learn more by visiting DominionEnergy.com/Nuclear.





**Eastern Connecticut is a great place to live, work, and play.** Pfizer has been a proud member of the community since 1946.



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## Education

#### IN THIS SECTION

Preschool & Daycare Public Schools Magnet & Charter Schools Private & Technical Schools Adult Education Higher Education



Eastern Connecticut is a well-educated place. The number of educational institutions means you, your children, and your family have a great selection of pathways to explore. Your residence may dictate your access to certain public schools, but the region also offers a variety of alternatives, including magnet, charter, and technical schools. Ask your neighbors or colleagues for recommendations, in addition to doing your own research.

## **PRESCHOOL & DAY CARE**

#### GROTON

The Groton Early Childhood Development Center childandfamilyagency.com

Navy Child Development Center cnic.nevy.mil

Stepping Stones Discovery and Development Center ssddc.com

The Riverfront Children's Center riverfrontchildren.org

MYSTIC

Nature Preschool dpnc.org

Ocean Community YMCA oceancommunityymca.com

Happy Times Nursery School at Union Baptist Church ubcmystic.org

Precious Memories Place preciousmemoriespreschool.com

Sea School mysticaquarium.org

#### **NEW LONDON**

The New London Day Nursery childandfamilyagency.com

TVCCA Childcare and Preschool Center tvcca.org

Connecticut College Preschool Program concoll.edu

Mitchell College Children's Learning Center mitchell.edu

#### NORWICH

Little Learners at Three Rivers littlelearnerscc.com

Mayflower Montessori School mayflowerearlylearningcenter.com

Park Nursery School parkchurchnorwich.com

**Pooh Corner Preschool Learning Center** 860-889-3528

**Stoneview Children's University** stoneviewchildrensuniversity.com

The Global Child globalchildschool.com

Wildwood Christian School Preschool mywildwood.org

#### SALEM Ballestrini's Childcare Center ballestrini.net

Quality Care Day Care & Coop Nursery 860-859-2612

#### **STONINGTON**

Calvary Nursery School calvarynurseryschool.org

**Como Kids Program** thecomo.org

Doris Muller Preschool at the Stonington Community Center thecomo.org

The Global Child globalchildschool.com

UNCASVILLE First Step Day Care Center 860-848-0766

Teddybear Hollow Day Care 860-848-2404

**Eagleview Child Development Center** brighthorizons.com

WATERFORD Ballestrini's Childcare Center ballestrini.net

Carelot Children's Center carelot.net

The Friendship School thefriendshipschool.org

## PUBLIC SCHOOLS

Ashford ashfordct.org

**Bozrah** fmsbozrah.org

Brooklyn brooklynschools.org

Canterbury canterbury publics chools.org

Chaplin chaplinschool.org

**Colchester** colchesterct.org

**East Lyme and Niantic** eastlymeschools.org salemschools.org

Eastford eastfordct.org

Franklin franklinschoolct.org

**Griswold** griswold.k12.ct.us

**Groton** groton.k12.ct.us

**Killingly** killinglyschools.org **Lebanon** lebanonct.org

Lisbon lisbonschool.org

Ledyard & Gales Ferry ledyard.net

Lyme-Old Lyme Schools region18.org

Montville, Oakdale, & Uncasville montvilleschools.org

New London newlondon.org

North Stonington northstonington.k12.ct.us

Norwich norwichpublicschools.org

Plainfield plainfieldschools.org

Pomfret pomfretcommunityschool.org

Preston prestonschools.org

Putnam putnam.k12.ct.us Salem salemschools.org

Scotland scotlandelementaryct.com

**Sprague** saylesschool.org

**Sterling** sterlingschool.org

Stonington stoningtonschools.org

Thompson district.thompsonk12.org

Voluntown voluntownct.org

Waterford waterfordschools.org

Windham/Willimantic windhamps.org

Woodstock woodstockschools.net

If the link above only leads to an elementary school, visit your town's primary government website for information on middle and high schools.

## MAGNET & CHARTER SCHOOLS

#### **ELEMENTARY SCHOOL**

Regional Multicultural Magnet School rmms.k12.ct.us

New London, CT

**C.B. Jennings Dual Language and International Elementary Magnet** jenningselementaryschool.org New London, CT

Nathan Hale Arts Magnet School nathanhalearts.org New London, CT

Winthrop STEM Elementary Magnet School winthropelementary.org New London, CT

**Catherine Kolnaski Magnet School** groton.k12.ct.us Groton, CT

#### MIDDLE SCHOOL

Interdistrict School for Arts and Communication isaacschool.org New London, CT

Dual Language & Arts Magnet Middle School languageandartsmagnetmiddle.org Waterford, CT

#### HIGH SCHOOL

Science and Technology Magnet High School of Southeastern CT nlstmhs.org New London, CT

Marine Science Magnet High School msmhs.com Groton, CT



## **PRIVATE AND TECHNICAL SCHOOLS**

#### **ELEMENTARY-MIDDLE SCHOOL**

Solomon Schechter Academy (K-6) ssa-newlondon.org Waterford, CT

**Montessori Discovery School** montdiscovery.org Norwich, CT

#### Pine Point School (Pre K-9) pinepoint.org Stonington, CT

**Rectory School (K-9)** rectoryschool.org Pomfret, CT

#### **MIDDLE-HIGH SCHOOL**

The Williams School (6-12) williamsschool.org New London, CT

#### Pine Point School (Pre K-9)

pinepoint.org Stonington, CT

**Rectory School (K-9)** rectoryschool.org Pomfret, CT

#### **HIGH SCHOOL**

Ella T. Grasso Technical High School grasso.cttech.org Groton, CT

**Canterbury School** cbury.org New Milford, CT

Harvard H. Ellis Technical High School ellis.cttech.org Danielson, CT

Norwich Free Academy\* nfaschool.org Norwich, CT

Norwich Technical High School norwich.cttech.org Norwich, CT

#### Pomfret School

pomfret.org Pomfret, CT

#### The Williams School (6-12)

williamsschool.org New London, CT

**Windham Technical High School** windham.cttech.org Willimantic, CT

Woodstock Academy woodstockacademy.org Woodstock, CT





### The Williams School

#### Independent College Prep Day School, Grades 6-12

Students Hail from 40 Communities in CT and RI, and China

On the campus of Connecticut College

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#### williamsschool.org 860.443.5333

\*Norwich Free Academy is an independent high school whose application process is based upon residency. Students who live in one of NFA's partner districts (Bozrah, Canterbury, Franklin, Lisbon, Norwich, Preston, Sprague, or Voluntown) do not need to apply to attend. Students who live in a community not included above must apply as a tuition student.



#### CAREER CLUSTERS 16 SPECIALIZED MAGNET SCHOOLS, ALL UNDER ONE ROOF

Norwich Free Academy's aligned groups of courses, clubs and activities help you create a program that's uniquely yours, building the foundation you need for your future.

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#### THE CAREER CLUSTERS INCLUDE:

- Agriculture, Food & Natural Resources
- Architecture & Construction
- Arts, A-V Technology & Communications
- Business Management & Administration
- Education & TrainingFinance
- Finance
- Government & Public Administration
- Health SciencesHospitality & Tourism
- Human Services
- Information Technology
- Law, Public Safety, Corrections & Security
- Manufacturing
- Marketing, Sales & Service
- Science, Technology, Engineering, Mathematics (STEM)

#### NFASCHOOL.ORG

## ADULT EDUCATION

Adult education programs are free to Connecticut residents age 17 and older who are no longer enrolled in a public school. Instructional programs are provided predominantly through local school districts. Programs are also available through various community and faith-based organizations.

Visit **sde.ct.gov** for more information on adult education and a list of providers in your town.

## HIGHER EDUCATION

#### FOUR-YEAR COLLEGES AND UNIVERSITIES

Albertus Magnus College albertus.edu New Haven, CT

**Brown University** brown.edu Providence, RI

**Bryant University** bryant.edu Smithfield, RI

**Central CT State University** ccsu.edu New Britain, CT

**Connecticut College** concoll.edu New London, CT

Eastern CT State University easternct.com Willimantic, CT

**Goodwin College** goodwin.edu East Hartford, CT

**Johnson & Wales University** jwu.edu Providence, RI

Lyme Academy of Fine Arts lymeacademy.edu Old Lyme, CT

Mitchell College mitchell.edu New London, CT

**Providence College** providence.edu Providence, RI

**Quinnipiac University** quinnipiac.edu New Haven, CT

**Rhode Island College** ric.edu Providence, RI

**Rhode Island School of Design** risd.edu Providence, RI **Roger Williams University** rwu.edu Bristol, RI

**Salve Regina College** salve.edu Newport, RI

**Southern CT State University** southernct.edu New Haven, CT

**St. Joseph's College** sjc.edu West Hartford, CT

**Trinity College** trincoll.edu Hartford, CT

U.S. Coast Guard Academy uscga.edu New London, CT

**University of Connecticut** uconn.edu Storrs, CT

University of Connecticut Avery Point averypoint.uconn.edu

Groton, CT **University of Hartford** 

hartford.edu Hartford, CT

**University of New Haven** newhaven.edu New Haven, CT

**University of New Haven Southeastern** newhaven.edu/sect New London, CT

**University of Rhode Island** uri.edu Kingstown, Rl

**Wesleyan University** wesleyan.edu Middletown, CT

Yale University yale.edu New Haven, CT

#### **COMMUNITY COLLEGES**

**Capital Community College** ccc.commnet.edu Hartford, CT

**Community College of Rhode Island** ccri.edu Providence, Rl

**Gateway Community College** gwtc.commnet.edu New Haven, CT

Manchester Community College mcc.commnet.edu Manchester, CT

**Middlesex Community College** mxctc.commnet.edu Manchester, CT

Three Rivers Community College trcc.edu Norwich, CT

**Tunxis Community College** tunxis.edu Farmington, CT

**Quinebaug Valley Community College** qvcc.edu Danielson, CT

## Health Services

#### IN THIS SECTION

Hospitals & Walk-In Clinics Fur, Fins, & Feathers Senior Living Services Personal Health & Wellness

## HOSPITALS

EASTERN CONNECTICUT

Backus Hospital backushospital.org Norwich, CT

**Day-Kimball Hospital** daykimball.org Putnam, CT

Windham Hospital windhamhospital.org Willimantic, CT

Yale New Haven Health Lawrence + Memorial Hospital Imhospital.org New London, CT In your new surroundings, one of the first things you should note is the route to the nearest hospital. If you don't have a recommendation from your previous doctors, you may also need to find new medical services for you and your family.

To find specialists and primary care doctors in your area visit **ChamberECT.com**.

#### ADDITIONAL HOSPITALS WITHIN DRIVING DISTANCE

**Connecticut Children's Medical Center** connecticutchildrens.org Hartford, CT

**Danbury Hospital** danburyhospital.com Danbury, CT

Hartford Hospital harthosp.org Hartford, CT

Hasbro Children's Hospital hasbrochildrenshospital.org Providence, RI

**Middlesex Hospital** midhosp.org Middletown, CT

Natchaug natchaug.org Mansfield Center, CT **Rhode Island Hospital** rhodeislandhospital.org Providence, Rl

**South County Health** southcountyhealth.org Wakefield, RI

**St. Francis Hospital** stfranciscare.org Hartford, CT

**UConn Health Center** uchc.org Farmington, CT

**Yale New Haven Hospital** ynhh.org New Haven, CT

Yale New Haven Health Westerly Hospital westerlyhospital.com Westerly, RI



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860.889.7345 | www.orthopartners.com



## WALK-IN CLINICS/URGENT CARE

#### COLCHESTER

Backus Health Center

backushospital.org 163 Broadway Colchester, CT

#### EAST LYME

#### **Charter Oak Walk-In Medical Center**

charteroakmedical.com 324 Flanders Road East Lyme, CT

#### GALES FERRY Backus Health Center

backushospital.org 1666 Route 12 Gales Ferry, CT

#### GROTON

#### **Community Health Center**

chc1.com 481 Gold Star Highway #101 Groton, CT

#### PhysicianOne Urgent Care

physicianoneurgentcare.com 220 Route 12 Groton, CT

#### Women's Medical Center

85 Poheganut Drive Groton, CT

#### MONTVILLE

**Backus Health Center** backushospital.org 80 Norwich/New London Turnpike Uncasville, CT

#### MYSTIC

Seaport Medical Center inhealthmed.com 56 Whitehall Avenue Mystic, CT

#### NEW LONDON

**Community Health Center** chc1.com 1 Shaw's Cove New London, CT

#### **GoHealth Urgent Care**

gohealthuc.com/connecticut 351 N Frontage Road New London, CT

#### NIANTIC

**Northeast Medical Group Walk-In Care** ynhhs.org 248 Flanders Road Niantic, CT

#### NORTH STONINGTON

North Stonington Medical Center northstoningtonmedicalcenter.com 82 Norwich-Westerly Road North Stonington, CT

#### NORWICH

**GoHealth Urgent Care** gohealthuc.com/connecticut 624 W. Maint Street Norwich, CT

#### PhysicianOne Urgent Care

physicianoneurgentcare.com 607 West Main Street Norwich, CT

#### WATERFORD

Northeast Medical Group Walk-In Care ynhhs.org 196 Parkway South Suite 103 Waterford, CT



## Welcome to the area!



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## FUR, FINS, AND FEATHERS

#### **VETERINARY SERVICES**

**All Friends Animal Hospital** allfriendsanimalhospital.com Norwich, CT

**Clark Veterinary Hospital** clarkvethospital.com Old Lyme, CT

**Colchester Veterinary Hospital** colchestervet.net Colchester, CT

**Companion Animal Hospital** tlc4pets.com Groton, CT

Four Paws Veterinary Service fpvs.net Mystic, CT

**Gales Ferry Animal Hospital** 860-464-7286 Gales Ferry, CT

**Goodfriends Veterinary Clinic** goodfriendsvet.com East Lyme, CT

**Groton Ledyard Veterinary Hospital** grotonledyardvethospital.com Ledyard, CT

Montville Animal Hospital montvillevet.com Uncasville, CT

#### **ASSORTED SERVICES**

**Bear's Pet Food Pantry** bearspetfoodpantry.org A foodbank for family pets.

**Connecticut Humane Society** cthumane.org Adoptions, animal welfare, training, veterinary services, and more.

**Friday's Rescue Foundation** fridaysrescuefoundation.org Non-profit animal rescue with adoptable dogs.



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Norwich Veterinary Hospital

norwichveterinaryhospital.com Bozrah, CT

**Norwichtown Veterinary Hospital** norwichtownvet.com Norwich, CT

**Old Lyme Veterinary Hospital** oldlymevets.com Old Lyme, CT

**Phoenix Rising Equine Rescue** phoenixrisingequinerescue.org North Stonington, CT

Salem Valley Veterinary Clinic salemvalleyvet.com Salem, CT

**Saybrook Veterinary Hospital** saybrookvet.com Old Saybrook, CT

**Stonington Veterinary Hospital** stoningtonvethospital.com Stonington, CT

VCA New London Animal Hospital vcahospitals.com Waterford, CT

**VCA Plainfield Animal Hospital** vcahospitals.com Plainfield, CT

#### Kitty Harbor

kittyharbor.org A no kill cat sanctuary serving eastern CT.

#### Mitchell Farm

mitchellfarm.org Providing a safe and comfortable retirement alternative for aged and infirm horses to live out their lives.

#### 24-HOUR EMERGENCY CARE

**Pieper Memorial Veterinary Center** piepermemorial.com

730 Randolph Road Middletown, CT 860-347-8387

51 Boston Post Road Madison, CT 203-245-8511

#### **Bolton Veterinary Hospital**

boltonvet.com 222 Boston Turnpike Bolton, CT 860-646-6134

#### **Ocean State Veterinary Specialists**

osvs.com 1480 S County Trail East Greenwich, RI 401-886-6787



## SENIOR LIVING SERVICES

#### **SENIOR LIVING HOMES**

#### **GROTON**

Fairview Retirement Community fairviewct.org 235 Lestertown Road Groton, CT

**Shared Caring** 41 Crown Knoll Court Groton, CT

#### **MYSTIC**

Academy Point at Mystic benchmarkseniorliving.com 20 Academy Lane Mystic, CT

Masonicare at Mystic masonicare.org 45 Clara Drive Mystic, CT

#### **SENIOR CENTERS**

**Colcester Senior Center** colchester.gov 95 Norwich Avenue Colchester, CT

**East Lyme Senior Center** eltownhall.com 37 Society Road Niantic, CT

**Groton Senior Center** groton-ct.gov 102 Newtown Road Groton, CT

Montville Senior Center seniorcenterct.org 12 Maple Avenue Uncasville, CT

New London Senior Center seniorcenterct.org 120 Broad Street New London, CT

North Stonington Senior Center northstoningtonct.gov 391 Norwich-Westerly Road North Stonington, CT

#### **Pawcatuck Neighborhood Center**

pawcatuckneighborhoodcenter.org 27 Chase Street Pawcatuck, CT

Rose City Senior Center norwichct.org 8 Mahan Drive Norwich, CT

#### Stoneridge Senior Living Community

stoneridgelcs.com 186 Jerry Browne Road Mystic, CT

#### **NEW LONDON**

Bacon & Hinkley Home baconandhinkleyhome.com 581 Pequot Avenue New London, CT

#### NIANTIC

**Crescent Point at Niantic** 

benchmarkseniorliving.com 417 Main Street Niantic, CT

#### **NORWICH**

**Eliza Huntington Home** elizahuntington.com 99 Washington Street Norwich, CT

#### HOME HEALTH CARE

CareCo Shoreline Inc. carecoshoreline.com

Backus Home Health Care backushospital.org

Center for Hospice Care Southeast Connecticut hospicesect.org

Golden Horizons Elder Care Services goldenhorizonseldercare.com

Yale New Haven Health Visiting Nurse Association of Southeastern Connecticut vnasc.org

#### Sachem Home

natchaug.org 33 Sachem Road Norwich, CT

Sheltering Arms-A Retirement Care Residence ucfseldercare.org 165 Mckinley Avenue Norwich, CT

#### **SHELTON**

**United Methodist Homes** umh.org 580 Long Hill Avenue Shelton, CT

#### WATERFORD

Atria Crossroads Place atriaseniorliving.com 1 Beechwood Drive Waterford, CT

#### **ADULT DAY CARE PROGRAMS**

**Strong House Adult Day Center** stronghousect.org 546 Durham Road

Madison, CT

Ross Adult Day Center ucfseldercare.org 165 McKinley Avenue Norwich, CT

Second Home Adult Day Center 2ndhome.org 99 Washington Street Norwich, CT



## PERSONAL HEALTH AND WELLNESS

#### **GYMS/FITNESS STUDIOS**

**Advantage Personal Training** 

advantagepersonaltraining.com Mystic and Niantic, CT

**Anytime Fitness** anytimefitness.com Niantic, Groton, Uncasville, Old Saybrook, Salem, and Lisbon, CT

**Blissworks Yoga & Healing Arts** blissworksyoga.org New London, CT

**Get Bent In Norwich** getbentinnorwich.com Norwich, CT

**Hot on Bank** hotonbank.com New London, CT

**Ocean Community YMCA** 

oceancommunityymca.org Westerly-Pawcatuck and Mystic, CT

**Planet Fitness** planetfitness.com Waterford, Groton, Norwich, and Dayville, CT

**Renegade Fitness** renegadefit.net Groton, New London, Norwich, Pawcatuck, and Waterford, CT

**UP Fitness** up.fitness Mystic, CT

#### CROSSFIT

New London CrossFit newlondoncrossfit.com New London, CT

**CrossFit Aisling** cfaisling.com Brooklyn, CT

**CrossFit Aspinock** crossfitaspinock.com Putnam, CT

CrossFit Inguz crossfitinguz.com Groton, CT

**CrossFit Good Fortunes** crossfitgoodfortune.com Niantic, CT

**CrossFit Payback** crossfitpayback.com Taftville, CT

**CrossFit TRONE** rosecityathletics.com Norwich, CT

JPF CrossFit justperformancefitness.com Danielson, CT

Red Phoenix CrossFit redphoenixcrossfit.com Uncasville, CT

**Tri-State CrossFit** tristatecrossfit.com Putnam, CT

#### HAIR, NAIL, & SKIN

**Antenna Salon** antennasalon.com Norwich, CT

**Elizabeth Arden Red Door Spa** thereddoor.com Groton, CT

**G** Spa at the Fox Tower foxwoods.com Mashantucket, CT

**Norwich Spa at Foxwoods** foxwoods.com Mashantucket, CT

**One Personal Grooming Studio** onepersonalgrooming.com New London, CT

The Spa at Norwich Inn thespaatnorwichinn.com Norwich, CT

To find local hair and nail salons, and other personal health services, visit ChamberECT.com or use online resources like **yelp.com** and thumbtack.com.



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## **UCFS** Healthcare

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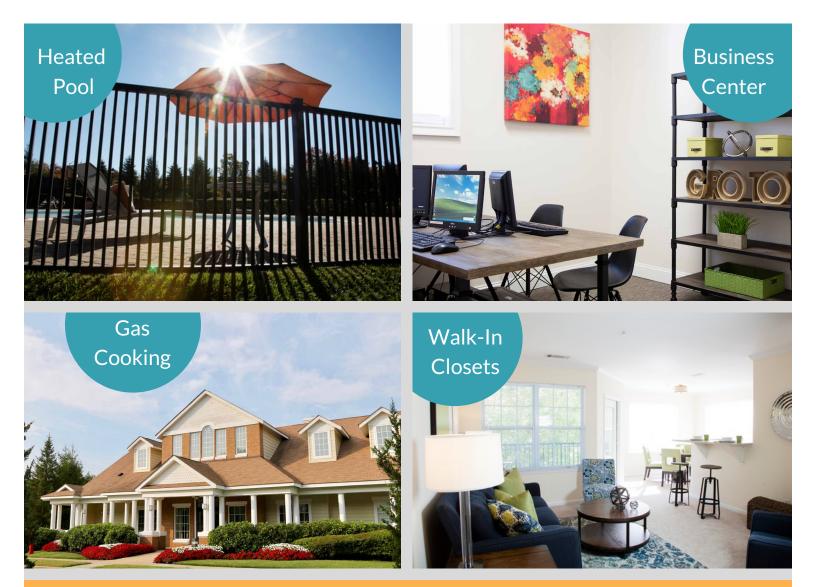
UCFS accepts most insurances including Medicaid, Medicare and offers an income-based sliding fee scale.

### UCFShealthcare.org

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## Housing

IN THIS SECTION Just-Moved Checklist Apartments & Condos Utilities



Looking for a roommate? Sign up for **Community Concierge** and meet other newcomers to the area.

## YOU'VE MOVED, NOW WHAT?

#### **1. CHANGE THE LOCKS**

You never know who may still have a key to what is now your house. This is essential for safety and security, and super easy with the help of a professional.

#### **2. DEEP CLEAN YOUR HOUSE**

Cleaning your home is easiest before you unpack the boxes. Change any filters, including heating and cooling units, kitchen and bathroom spigots, and fans or vents. Clean your major appliances. Steam carpets, or buff and seal wood floors. If smoke or water damage is an issue, contact a professional.

#### **3. MAKE IT YOUR OWN**

Decorate and upgrade! Eastern CT has a plentiful supply of home specialty outlets, services, and contractors to help make your home truly your own. Visit Community Concierge's website at CommunityECT.com to find options perfect for your budget and tastes.

#### LOCKSMITHS

Action Services aslockco.com

Rapid Lock & Door rapidlockanddoor.com

Shoreline Locksmith shorelinelocksmithmystic.com

The Locksmith Company LLC thelocksmithcompany.info

#### **CLEANING SERVICES**

Anton's Cleaning Service 860-373-4238

Blackburn Professional Cleaning blackburnpro.com

Safeside Chimney & Duct Cleaning safesidechimney.com

Sunrise Cleaning sunriseclean.us

Sweep & Mop Sweepandmop.com

#### **APPLIANCES**

Best Buy bestbuy.com

Family Hearth & Patio familyhearthandpatio.com

Keith's Appliances keithsappliances.com

Sears at the Crystal Mall sears.com

## Shore TV & Appliance shoretv.com

#### **HOME & INTERIOR DESIGN**

Alpha Aero Draperies alpha-aero.com

Creative Enclosures creativeenclosures.com

David Hecht Custom Kitchens davidhechtkitchens.com

General Woodcraft Inc. generalwoodcraftinc.com

Granite City Electric granitecityelectric.com

KC Classic Designs, LLC kcclassicdesigns.com

Marvel Home Decorating marvelhomedecorating.com

Studio Mojo Designs studiomojo.design

The Ultimate Bath Store of Groton theultimatebathstore.com

For a complete list of furniture stores visit the Chamber's directory at **ChamberECT.com**.

#### **APARTMENTS & CONDOMINIUMS**

60 Mansfield Road arbuilding.com

New London, CT

Balfour Beatty Communities nsbnewlondonhomes.com Groton. CT

Cambridge Estates cambridge-norwich.com Norwich, CT

City Flats nlhtonline.com/city-flats New London, CT

Country Glen Apartments countryglenapts.com Groton, CT

Faire Harbour Landings faireharbourlandings.com New London, CT

**Groton Townhouse Apartments** grotontownhouses.com Groton, CT

The Ledges Apartments theledgesapartments.com Groton, CT

The Lofts at Ponemah Mills ponemahmills.com Taftville, CT

Long Meadow Landings longmeadowlandings.com Groton, CT

Meadow Ridge Apartments meadowridgenorwich.com Norwich, CT

New London Harbour Towers nlhtonline.com New London, CT

Nutmeg Woods Apartment Homes nutmegwoods.com New London, CT

Shipway 221 shipway221.com New London, CT \*coming soon

#### The Sound at Gateway Commons

thesoundatgatewaycommons.com East Lyme, CT

For more apartment and condo options search the tools listed under online resources.

#### **ONLINE RESOURCES**

Apartment Finder apartmentfinder.com

Apartment Guide apartmentguide.com

Apartment List apartmentlist.com

Homefinder homefinder.com

Hot Pads hotpads.com Realtor.com realtor.com

**Trulia** trulia.com

**Zillow** zillow.com

Zumper zumper.com

#### **CONTRACTORS, PLUMBERS, AND BUILDERS**

For a complete list of contractors, builders, architects, plumbers, and everyone you need to build a new home or make it your own visit **ChamberECT.com.** 

#### **REAL ESTATE AGENTS**

Visit **ChamberECT.com** for a list of local real estate agents, or search for a realtor through the **Eastern Connecticut Association of REALTORS** (ECAR).

### A Piece of History Redesigned for Modern Luxury Living



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## UTILITIES

Organize your new utilities. Set up your new cable and internet. Make arrangements for heating and cooling supplies, including oil and propane deliveries, and an electricity provider. If your town doesn't already offer garbage and recycling pick-up, set up a service or get access to your local dump.

#### **POWER COMPANIES**

Eversource eversource.com

Groton Public Utilities grotonutilities.com

Norwich Public Utilities norwichpublicutilities.com

#### **COMMUNICATION PROVIDERS**

#### Atlantic Broadband

atlanticbb.com Phone, Internet, TV

**Comcast** xfinity.com Phone, Internet, TV, Home Security

Frontier Communications frontier.com Phone, Internet, TV

**Thames Valley Communications** tvcconnect.com Phone, Internet, TV

#### **OIL & PROPANE/HOME HEATING**

DDLC Energy ddlcenergy.com

Densmore Oil Company densmoreoil.com

Duncklee, Inc. Cooling & Heating dunckleeinc.com

EasyCare Energy Solutions 203-463-9764

Guardian Fuel & Energy Systems guardianfuel.com

Guy's Oil, Inc guysoil.com

Hocon Propane Co. hocongas.com

McCarthy Heating Oil Service, Inc. mccarthyheatingoil.com

Osterman Propane ostermangas.com

Petro Home Services petro.com

R&W Heating Energy Solutions rw-heating.com

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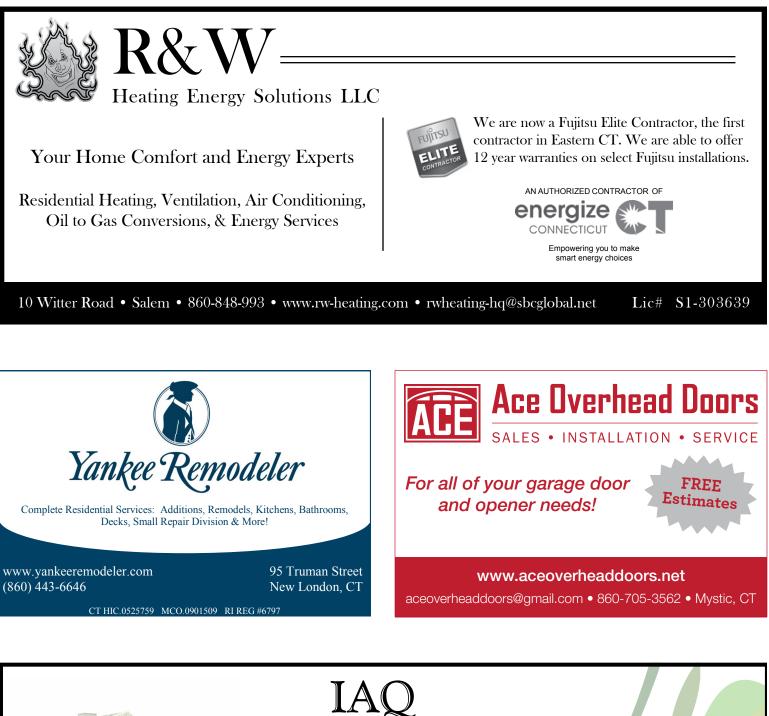
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## Town Matters

## MAKE IT OFFICIAL

#### Update your mailing address:

Set up mail forwarding and notify the postal service of your change of address online at usps.com.

#### **Update your Motor Vehicle Registration and License**

In Connecticut, if you've moved from within the state, you have 48 hours to notify the DMV of your new address. You will also need a sticker on your license with the new address.

If you are from out of state, you will need a new Connecticut license. This is an in-person service that is offered at the DMV offices in Old Saybrook or Willimantic. You have 30 days to do this. You may also need to transfer your vehicle's registration/title. You have 60 days to do this.

Learn more about updating or getting a new Connecticut license ct.gov/dmv

#### **Register to vote:**

Make sure you don't miss your opportunity to have your voice heard in the next election. Register easily online with the Secretary of State's office, or print a form to bring to your town's Registrar. Be aware of registration deadlines before elections. You can also register to vote at the DMV when getting your new Connecticut license.

**Become a Community Concierge newcomer!** Connect with longtime locals and learn about local favorites. Visit **Communityect.com** to register.

#### **Register your pet:**

Certain pets require licenses, including dogs. Pet licenses are usually issued through the Town Clerk's office. For more infomation visit your town's website listed on page 23.

**2-1-1** is your one-stop connection to the local services you need, from utility assistance, food, housing, child care, after school programs, elder care, crisis intervention and much more. 2-1-1 is always ready to help you find the assistance you need. Dial 2-1-1 or **search online at 211ct.org**.

## **STATE GOVERNMENT\***

**GOVERNOR** Dannel P. Malloy 860-566-4840

**LIEUTENANT GOVERNOR** Nancy Wyman 860-524-7384

ATTORNEY GENERAL George Jepsen 860-808-5318

**STATE COMPTROLLER** Kevin Lembo 860-702-3300

**STATE TREASURER** Denise L. Nappier 860-702-3000 SECRETARY OF STATE Denise W. Merrill 860-509-6200

**SENATORS** Richard Blumenthal 860-258-6940

Christopher Murphy 860-549-8463

**REPRESENTATIVES** Eastern CT belongs to district two.

1st District: John Larson **2nd District: Joe Courtney** 860-886-0139 3rd District: Rosa DeLauro 4th District: James Himes 5th District: Elizabeth Esty

#### **GET INVOLVED**

Keep up to date with current legislation, find your local legislators, House members, and senators through the Connecticut Business and Industry Association at **cbia.com.** 

Learn more about your local government at **ct.gov**.

\*As of May 2018

## LOCAL MEDIA

#### **NEWSPAPERS**

The Day theday.com New London, CT

The Norwich Bulletin norwichbulletin.com Norwich, CT

**The Resident** theresident.com Mystic, CT

The Westerly Sun (Sun Media Group) thewesterlysun.com Westerly, RI

#### **RADIO STATIONS**

#### **Hall Communications**

97.7 WCTY - Country 98.7 WNLC The Sound - Classic Hits 100.9 WKNLK K-Hits - Classic Hits 1310 WICH - Talk 1400 AM/95.3 Wili-AM - Talk i98.3 - Today's Hits

#### **Cumulus Broadcasting**

105.5 Q105 - Contemporary Hits AM 980 - Talk & Sports 102.3 The Wolf - Classic Rock

#### **Full Power Radio**

104.1 WMRQ - Adult Alternative 102.9 The Whale - Classic Rock AM 1360 WDRC - Talk 106.5 WBMW - Soft Rock 107.7 - Jammin 107.7 - Top 40 94.9 - 94.9 News Now - Talk 104.5 Bomba Radio - Spanish 100.3 Latina - Spanish 99.5 U.S. country - Country

Find more radio stations at radio-locator.com.

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## TRANSPORTATION

#### AIRPORTS

Bradley International Airport bradleyairport.com	Windsor Locks, CT (Hartford Area)	Aer Lingus, Air Canada, American, Delta, Jet Blue, Norwegian Air, OneJet, Southwest, United
<b>T.F. Green International Airport</b> pvdairport.com	Warwick,RI (Providence Area)	Allegiant Airlines, American, Azores Airlines, Delta, Frontier Airlines, Norwegian Airlines, OneJet, Southwest, TACV Cabo Verde Airlines, United, New England Airlines
Logan International Airport massport.com/logan-airport	Boston, MA	Served by all major domestic carriers and many international carriers.
Groton-New London Airport ctairports.org	Groton, CT	Used primarily for local travel and private jets.
Westerly State Airport westerly.stateairportri.com	Westerly, RI	Served primarily by New England Airlines providing service to Block Island.
JFK International Airport jfkairport.com	Queens, NY	Over 90 airlines operate out of JFK, including major domestic and international carriers.
LaGuardia Airport laguardiaairport.com	Queens, NY	Air Canada, Alaska Airlines, American, Delta, Frontier, Jet Blue, Southwest, Spirit, United Airlines, WestJet

#### **RAIL SERVICE**

AMTRAK amtrak.com	Offers service throughout the Northeast Corridor running from Boston through Providence, New York City, Philadelphia, Baltimore, and Washington D.C.
<b>Metro-North</b> mta.info/mnr	Offers daily service from New Haven to Manhattan (Grand Central Station) stopping throughout CT.
Shoreline East shorelineeast.com	Offers daily service between New London, CT and New Haven, CT.

#### FERRY SERVICE

Block Island Express goblockisland.com	Offers seasonal, high-speed service between New London, CT and Block Island, RI.
Cross Sound Ferry longislandferry.com	Offers daily car and passenger service between New London, CT and Long Island, NY.
Fisher's Island Ferry fiferry.com	Offers daily car and passenger service between New London, CT and Fisher's Island, NY.

#### **BUS SERVICE**

SEAT (South East Area Transit) seatbus.com	Offers bus service throughout the region.
Greyhound Bus Terminal greyhound.com	Located at Union Station New London, CT.
(WRTD) Windham Regional Transit Bus wrtd.org	Offers bus service to nine towns in the Windham region.
<b>9 Town Transit</b> estuarytransit.org	Offers bus service through nine towns of the River Estuary Region.



## Invest in yourself.



#### BUILD YOUR CAREER | MEET NEW FRIENDS | EXPAND YOUR NETWORK | GIVE BACK

New in town and not sure how to get involved or have your voice heard? Young Professionals of Eastern CT aims to help young adults to get acquainted with the community by providing business, networking, and volunteer opportunities to support career development.



## **TO LEARN MORE OR JOIN TODAY VISIT YPECT.COM**

Young Professionals of Eastern Connecticut is an intiative of the Chamber of Commerce of Eastern Connecticut.

# Welcome to eastern Connecticut.



### We're here for you.

The Chamber of Commerce of Eastern Connecticut is proud to offer its Community Concierge program for all residents of the region. For the most up-to-date eastern Connecticut information, community resources, and more, visit CommunityECT.com or call (860) 701-9113.





ChamberECT.com | CommunityECT.com 914 Hartford Turnpike, Waterford, CT 06385 | (860) 701-9113

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